



Walk a Mile with a Child & 5K Run for Men's Health

This 5K run/walk kicks-off the National Medical Association's Annual Convention and is a celebration of good health and physical activity. Teams of ten or more walkers/runners are eligible for a team trophy! Include your team name on your registration form.

Race Information

Date: Saturday, July 26, 2008,
Location: International Plaza Red Parking Deck (Georgia World Congress Center in front of Exhibit Hall B)
Race Format: 5K Run or 1 Mile Walk
Times: 7:00 am – Registration/Check In
7:30 am – Warm Up Exercises
8:00 am – Race Starts
9:00 am until 1:00 pm – Health Festival
Cost: FREE
Rain Plans: Inside Georgia World Congress Center/Lobby of Exhibit Hall B
Age Groups: Children: 9 and under; 10–14; 15–19 Adults: 20–29; 30–39; 40–49; 50–59; 60+

Your Information

First Name	Middle Initial	Last Name
Address		
City	State	ZIP
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Age (on 7/26/08)	Date of Birth
Phone	E-mail	
Team Name		

Questions or Concerns?

Phone: 202/347-1895 Fax: 202/371-1162 Website: www.NMAnet.org Email Address: YFleming@NMAnet.org

Waiver of Liability

In consideration of this entry in the [Walk a Mile with a Child Event,] I waive any and all claims for myself and my heirs against officials, sponsors and volunteers of this event for injury or illness which may result directly or indirectly from my participation. I further state that I am in proper condition to participate in this event. I give permission to authorize emergency treatment if necessary. I will permit the use of my name and/or picture for any broadcast, telecast or other account of this event.

This event will occur rain or shine. However, the Association reserves the right to cancel this event in extremely severe circumstances. The conductor, Officials and Sponsors reserve the right to cancel this event.

I will be participating in the Walk a Mile with A Child 5K Run/Walk

Signature _____ Date _____

Signature Parent/Guardian if under 18 years) _____