



The New Reconstruction
Mobilizing Healthcare Justice for a New America.
Our Patients, Providers, and Policy



ANNUAL CONVENTION & SCIENTIFIC ASSEMBLY

Family Medicine Section Program

4.25.26

Saturday, July 25

Morning Sessions

8:00 – 12:00 17th Annual Walk a Mile with a Child/STEM

Afternoon Sessions

11:00 – 12:30 **Strategies to Improve Colon Cancer Screening and Outcomes**
a combined session with the Internal Medicine Gastroenterology Section

1:00 – 3:00 **Edward C. Mazique, M.D. Symposium**

3:30 – 5:30 **Complex Kids, Complex Care: Lessons from Conditions That Refuse to Stay in One Lane - Advancing Pediatric Care Across Allergy-Asthma-Immunology, Pediatrics, and Family Medicine**
a combined session with the Asthma, Allergy and Immunology Section, and the Pediatrics Section

7:00 – 8:30 **Opening and Awards Ceremony**

Sunday, July 26

Morning Sessions

9:00 – 11:00 **Edith Irby M. Jones, M.D. Plenary Symposium**

11:30 – 1:30 **Council on Concerns of Women Physicians Award Session Luncheon**

Afternoon Sessions

Room 101AB

2:00 – 3:00 **Welcome and Introduction**

Riba Kelsey, M.D.
Chair, NMA Family Medicine Section
Assistant Professor and Residency Program Director
Department of Family Medicine
Associate Dean, Graduate Medical Education
Morehouse School of Medicine
Atlanta, Georgia

ABFM Update: The Now and Future of ABFM Board Certification

This presentation will focus on advancing clinical care by helping to ensure physicians understand the steps to take to maintain board certification as well as the benefit their certification has for family physicians and their patients; and ABFM certification requirements and what physicians

need to do to successfully maintain their certification. Emphasis will be placed on the 5-Year Certification process, and ABFM professionalism requirements. The importance of not only knowledge of self-assessment but that of quality improvement will also be emphasized.

Following this presentation, participants should be able to: 1) Identify the purpose and value of ABFM Board Certification; 2) outline the requirements for maintaining certification to provide high-quality care; 3) describe the updates made to ABFM certification activities to increase relevance and support for family physicians; and 4) explain the reason for the transition to Certification 2025 and recognize the benefits of this change.

Presenter Gary L. Leroy, M.D.
Senior Vice President of Diplomate Experience
American Board of Family Medicine
Lexington, Kentucky

3:00 – 4:00 **Wiley T. Armstrong Memorial Lecture**
"How to Design a Health Plan - When Health Reform is not Enough"
Mark Johnson, M.D., MPH
Professor and Chair
Department of Community and Family Medicine
Howard University
Washington, District of Columbia

4:15 – 5:15 **Scholarly Activity Presentations**

5:30 – 7:30 **Exhibit Hall Opening & Reception**

Monday, July 27

Morning Sessions

8:15 – 9:45 **Migraine Symposium**

10:00 – 11:00 **Menopause Matters: A Compassionate and Clinical Guide to Women's Midlife Health**
Karla L. Booker, M.D.
Adjunct Professor, Morehouse School of Medicine
Department of Family Medicine
Atlanta, Georgia
Physician and Women's Health Specialist
Wellstar Health System Urgent Care
Marietta, Georgia

11:00 – 1:00 **Visit Exhibits**

Afternoon Sessions

Sheraton, San Juan 8

1:00 – 3:15 **Pain Management in Practice: Key Principles for Primary Care Providers**

101AB

3:30 – 4:15

John Chissell, M.D. Memorial Lecture

4:30 – 5:30

Sexually Transmitted Infections in the Older Adult

Ada Stewart, M.D. RPh, FAAFP, AAHIVS, HMDC
Family Medicine Physician
Cooperative Health
Columbia, South Carolina

Tuesday, July 28

Morning Sessions

7:45 – 9:15

Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): Screening Guidelines, Practice and Management in Primary Care

Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) and its more severe form known as Metabolic Dysfunction-Associated Steatohepatitis (MASH) characterized by inflammation and liver damage, has only been followed as an entity from the 1980s. It is the most common cause of chronic liver disease in the United States with a rising prevalence. Recent NHANES data (2017-2023) showed an overall U.S. prevalence of MASLD is approximately 25.6-32.45%. Significant racial/ethnic disparities were noted. Screening is now recommended for patients at risk for significant liver fibrosis in both primary care and endocrine settings. NHANES data showed that Mexican Americans and other Hispanics had the highest prevalence of MASLD (41%). They found that Non-Hispanic Whites had the lowest prevalence (6.8%). Prevalence in Females was lower than in Males (4.8% compared to 10.4%). Looking solely at Males, Mexican Americans were highest (14.3%) followed by Blacks (11.3%). Though Mexican American Males were at higher risk of MASH than African American Males, the overall cardiometabolic status of African Americans compared to the other populations makes the combination of MASLD and MASH of great concern. Hope for the future is that clinicians will shift away from the past practices of utilizing liver tests done as a screening tool and shift towards fibrosis screening in patients at risk for significant fibrosis, which can be challenging since patients are often asymptomatic. Learning and utilizing recently developed guidelines whether they be the AASLD 2023 Practice Guidelines, AGA Clinical Care Pathway, or AACE/Endocrine Society Clinical Practice Guidelines (2022, co-sponsored by AASLD). Understanding and utilizing the set you choose can aid in screening and effective management in the primary care environment, and team management with referral specialists. Together, the opportunity to improve outcomes through multiple modalities, including pharmacologic management, can effectively add both longevity and quality to their lives.

References

- 1) Gupta U, Ruli T, Buttar D, Shorebah M, Gray M. Metabolic dysfunction associated steatotic liver disease: Current practice, screening guidelines and management in the primary care setting. *Am J Med Sci* 2024 Feb;367(2):77-88.
- 2) Friedman T, Shaheen M, Schrode K, Kemah D, Zarrinpar A, Puri V, Najjar S. PSUN121 Nonalcoholic Steatohepatitis (NASH), Race/Ethnicity, and Gender in Adult US Population of NHANES 17-18. *J Endocr Soc*. 2022 Nov 1;6 (Suppl 1):A23-4.
- 3) Polk J, Hobbs K, Gupta A, et al. Prevalence of MASLD, Met-Aid, and ALD and Associated Fibrosis Among US Adults: Insights From NHANES 2017 to 2023. *Journal of Clinical Gastroenterology*. 2025.

Following this symposium, attendees should be able to demonstrate: 1) a higher understanding of MASLD and associated MASH in the patient populations they manage; 2) knowledge of the increase of cardiometabolic-renal complications for patients with significant obesity and presence of MASLD with possible exacerbation of Diabetes, CVD and Renal Disease; 3) knowledge of proper initial workup for suspected patients and timely referral to a gastroenterologist; and 4) a greater comfort level in co-managing these patients with the referral specialists in a TEAM-based, patient and family centered manner.

This session will highlight public health implications of early assessment, diagnosis, referral, and treatment.

Moderator Warren A. Jones, M.D., DHL(Hon), FAAFP
Professor Emeritus, University of Mississippi School of Medicine
54th President, American Academy of Family Physicians

Panelists Vonda Reeves, M.D., MBA, FACG, AGAF, FACP
Trustee, American College of Gastroenterology, AIBIM GI Board

Randall Maxey, M.D., PhD
Internal Medicine Nephrology Specialist
104th President, National Medical Association

Javette C. Orgain, M.D., MPH, FAAFP, RP
100th President, National Medical Association

Room 102AB

9:15 – 11:00

Nourish for Life: The Power of Healthy Eating Patterns in Generational Health *a combined session with the Pediatric Section*

Despite established evidence linking healthy dietary patterns to improved health outcomes, many professionals lack the knowledge needed to apply lifespan- and equity-focused nutrition strategies in practice.

This session will discuss the role of nutrition and healthy dietary patterns to improve health outcomes across the lifespan from the first 1000 days to early childhood, adolescence and adulthood. Speakers will explore the pervasive health and nutrition disparities faced by communities of color and discuss evidence-based strategies to address health disparities through healthy eating patterns, with a focus on the contribution of dairy foods. The session will also address lactose intolerance and how it affects nutrition outcomes, as well as practical tips and solutions for effective management.

Following this session, participants should be able to:

1. Identify key nutrition-related health disparities affecting communities of color and their contribution to long-term health outcomes;
2. Describe the impact of healthy dietary patterns on health outcomes (namely child health and cardiometabolic outcomes) across the lifespan, including the first 1,000 days, childhood, adolescence, and adulthood;
3. Apply evidence-based dietary strategies to support improved health outcomes and reduce nutrition-related disparities;
4. Explain the role of dairy foods in supporting child growth and development as well as cardiometabolic health across diverse populations;
5. Recognize lactose intolerance, its potential impact on nutrient intake, and practical, evidence-based management strategies.

Panelists Winston Price, M.D., FAAP (Moderator)
Past President, National Medical Association
President and Chair, National African American Drug Policy
Associate Professor of Pediatrics, Philadelphia College of
Osteopathic Medicine
Clinical Assistant Professor, Medical College of Georgia

Priscilla Mpasi, M.D., FAAP
Region II Trustee | National Medical Association
Member, Nourish & Flourish Project Advisory Council
American Academy of Pediatrics
Assistant Medical Director, Clinical Alliance Population Health and Pediatrician
ChristianaCare Health System

Kimberly Avila Edwards, M.D., MSCT, FAAP
University of Texas Chancellor Health/National Academy of Medicine
State Health Policy Fellow
Associate Professor of Medicine, Department of Pediatrics
Dell Medical School
The University of Texas at Austin

Andie Lee Gonzalez, PhD, MPH, RDN, LD, FAND
Senior Medical Science Liaison in Medical Affairs & Research
Abbott Nutrition

11:00 – 1:00 Visit the Exhibits

Afternoon Sessions

Sheraton - Room Bahia 1-2

1:15 – 2:30 **Lupus Focused Panel Discussion Luncheon**
a combined session with the Obstetrics and Gynecology Section

Room 101AB

3:00 – 4:00 **Andrew Best, M.D. Memorial Lecture**
Family Medicine, Equity and AI

Sarah C. Nosal, M.D., FAAFP
President, American Academy of Family Physicians
Vice President for Innovation & Optimization
Chief Medical Information Officer
The Institute for Family Health
Family Physician
Urban Horizons Family Health Center
Bronx, NY 10452

4:15 – 5:30 **Sports Medicine Across Specialties: Prevention, Recovery, Innovation
and the Future Overview**

Moderator Angela Wheeler, M.D.
Family Medicine Physician, Methodist Hospitals

This multidisciplinary symposium will explore the evolving frontiers of sports medicine through five thematic sessions. Each topic highlights the intersection of prevention, innovation, recovery, and leadership — with a focus on athlete health across specialties and life stages. The presentations are designed to engage physicians, surgeons, researchers, and allied health professionals in collaborative dialogue and evidence-based learning.

Rebuilding, Not Replacing: Harnessing Biologics for Tissue Restoration

Brian E. Coleman, M.D.
Chief Medical Officer/CEO
JFI Sports Medicine, LLC
Wellington, Florida
Associate Professor
Orthopedic Surgery – Foot and Ankle Division
University of Miami
Atlantis, Florida

Brain Health and Concussion Recovery in Sports

Brandon Mines, M.D.
Founder/Owner
Concierge Sports and Family Medicine
Atlanta, Georgia

Women's Sports; Hormones, Injury Risk and Equity

Tiana Woolridge, M.D., MPH
Assistant Professor
Weill Cornell School of Medicine
New York, New York
Attending Physician, Primary Sports Medicine
Hospital for Special Surgery
New York, New York

Tech AI and Wearable Monitoring

Brandon Mines, M.D.

Youth Sports; Early Specialization and Safety Development.

Tiana Woolridge, M.D., MPH

6:30 – 7:45

President's Installation

Wednesday, July 29

Morning Session

8:30 – 9:45

Climate Health Breakfast Symposium
Doris Browne, M.D., MPH
118th President, National Medical Association