

## Back to the Basics: Keeping our Community Healthy and Safe

Presented by the **Community Health and Preventive Medicine Section** · National Medical Association · July 25–29, 2026  
· San Juan, Puerto Rico

NMA ANNUAL CONFERENCE 2026

ROSALYN PAYNE EPPS SYMPOSIUM

# Day 1 — Monday, July 27, 2026: Focus on Prevention

8:45 AM – 11:00 AM

## Pain Management in Practice: Key Principles for Primary Care Providers

*NMA Joint Session* — This session equips primary care providers with comprehensive, evidence-based strategies for managing pain safely and effectively across diverse patient populations.

1

### **Understand Pain**

Define key concepts, mechanisms, and classifications of pain to enhance clinical understanding.

2

### **Assess Risk**

Assess pain effectively while identifying risk factors for nonmedical use of opioids and substance use disorders.

3

### **Non-Opioid Approaches**

Evaluate evidence-based nonpharmacologic and non-opioid approaches to pain management.

4

### **Opioid Role**

Review the role of opioids in pain management, including indications, limitations, and considerations for safe use.

5

### **Safe Therapy**

Safely initiate, adjust, and discontinue opioid therapy in patients with acute or chronic pain.

6

### **Patient Counseling**

Counsel patients on safe use, storage, and disposal of opioid analgesics, including overdose reversal agents.

7

### **Personalized Plans**

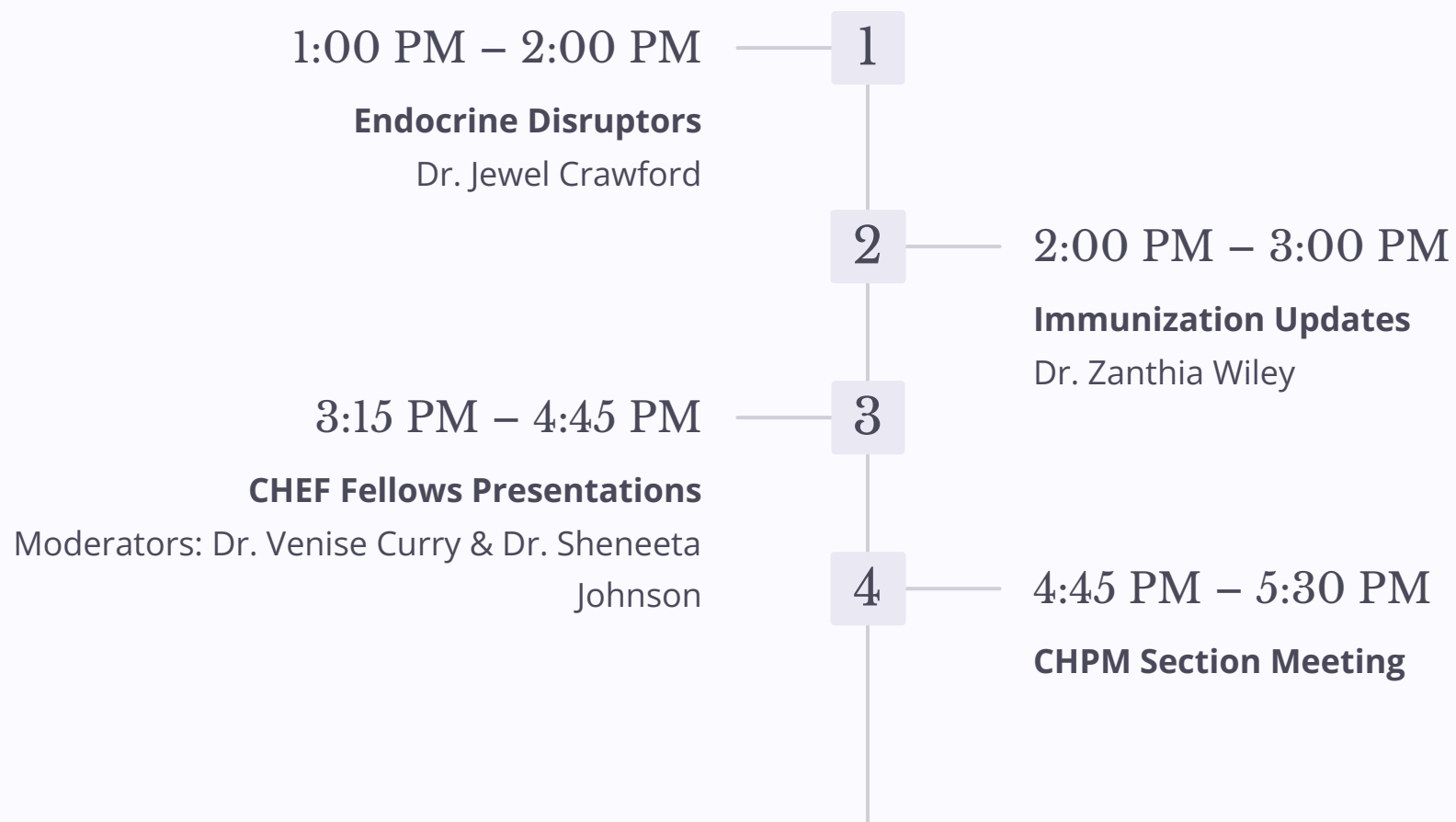
Create personalized pain management plans integrating both opioid and non-opioid therapies.

8

### **OUD Management**

Diagnose and manage opioid use disorder using evidence-based approaches, including specialist referrals when needed.

## Day 1 Afternoon Sessions — Sheraton San Felipe Room 202A



### CHEF Fellows Presenters

- Dr. Michelle Kiran — Presentation Title TBA
- Dr. Sylvanus Teboh — Presentation Title TBA
- Dr. Elisa Quince — Presentation Title TBA

The CHEF (Community Health Education Fellows) program cultivates the next generation of community health leaders. These presentations represent the culmination of fellows' research and community engagement work, spotlighting innovative approaches to preventive medicine and health equity.

## Day 2 — Tuesday, July 28, 2026: Impactful Policies

VERNAL G. CAVE SYMPOSIUM

SHERATON SAN FELIPE ROOM 202A

8:00 AM – 10:00 AM

### **Community Advocacy for Medical Coverage in Uncertain Times**

Grady Health System — Dr.  
Yolanda Wimberly, Dr. Monica  
Brands, Princess Barge & Laurne  
Wright

10:00 AM – 11:00 AM

### **HIV and PrEP**

AIDS Health Care Foundation —  
Dr. Stacy Green

1:00 PM – 2:30 PM

### **Global Health: Catastrophic Disaster Preparedness**

Council on International Affairs

2:30 PM – 3:30 PM


### **Impact of Mass Deportation**

Dr. Alfred Glover

3:45 PM – 5:30 PM

### **Policing the Pipeline: Different Standards in Residency Discipline**

Dr. Vanessa Grubbs

 Day 2 sessions address the intersection of policy, advocacy, and community health — from healthcare coverage and HIV prevention to global disaster preparedness and systemic equity in medical training.

## Day 3 — Wednesday, July 29, 2026: DEI-Centered Pathways in Healthcare

DAVID SATCHER HEALTH LEADERSHIP INSTITUTE

GLOBAL HEALTH EQUITY INSTITUTE SYMPOSIUM

*Strengthening the Current Healthcare Workforce and Elevating Future Health Professionals via DEI-Centered Pathways —*  
Sheraton San Felipe Room 202A, 8:00 AM – Noon

### Session Learning Objectives

- Identify current challenges in the healthcare workforce related to **representation, retention, and equitable advancement**.
- Describe how **HBCUs, Minority-Serving Institutions**, community-based organizations, and cross-sector partnerships can increase exposure and opportunities for learners.
- Propose actionable improvements to **recruitment, training, mentorship**, and professional development models.
- Formulate strategies and **policy recommendations** for pathway programs that actively support diverse learners and promote equitable advancement.

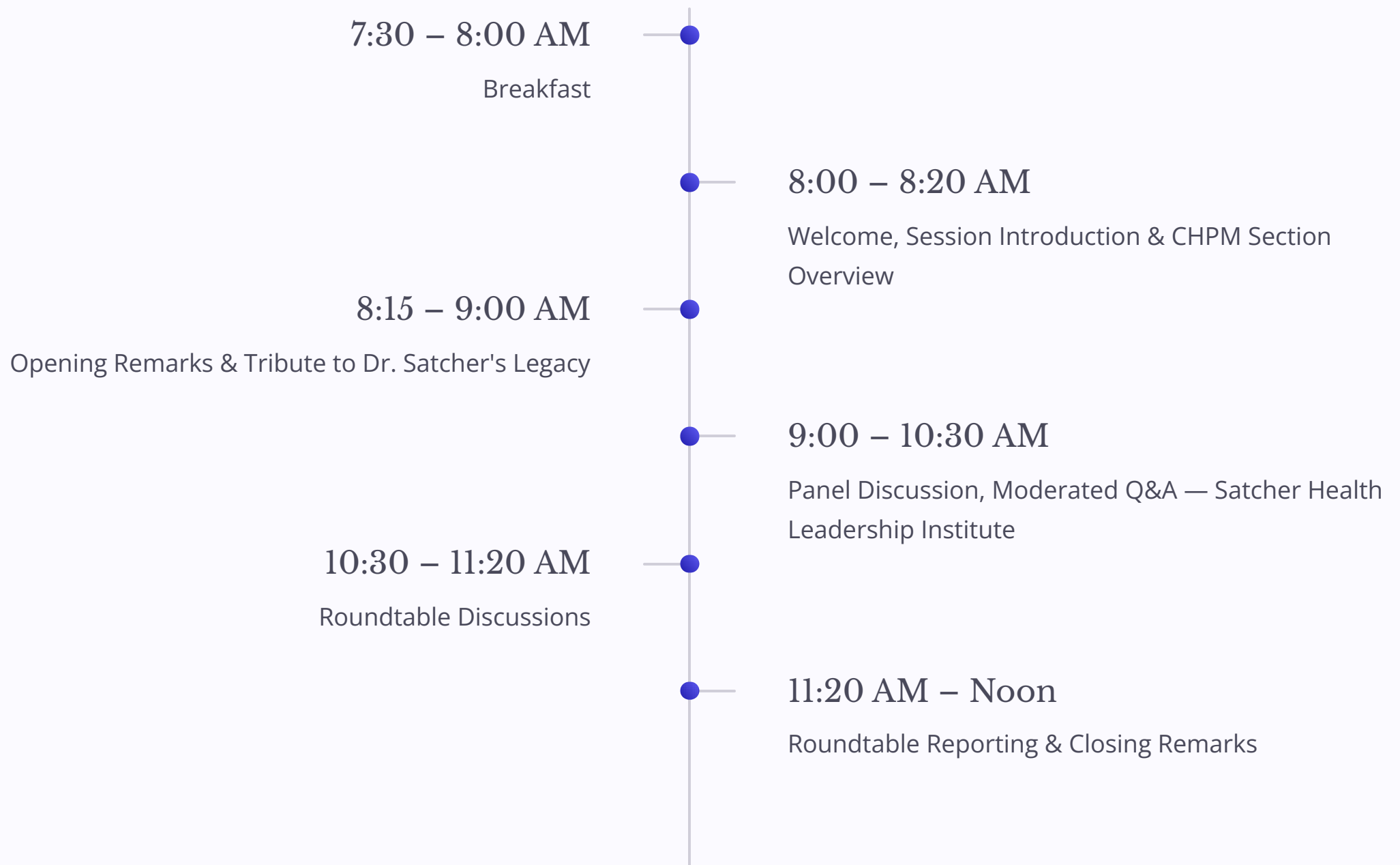
### Institutional Partners

This symposium is presented in partnership with leading institutions committed to health equity and workforce development:



The pursuit of health equity requires different frames of thought about the role of healthcare education and leadership development — different thinking about students, residents, professional training, scientific discovery, patient care, and community engagement.

## Day 3 Agenda & Roundtable Discussions



## Roundtable Discussion Topics

### Roundtable #1 — Meaningful Collaboration

What are three (3) ways that academic institutions, healthcare systems, and communities may collaborate more meaningfully to build DEI-centered pathways?

### Roundtable #2 — Workforce Gaps

What current workforce gaps pose the greatest threat to equitable healthcare delivery? What are potential solutions, recommendations, and policies that will address and close these gaps?

### Roundtable #3 — Culture of DEI

How can we create a culture where DEI is not seen as an "initiative" but as core to organizational excellence?

- ✔ These roundtable discussions are designed to generate actionable insights and policy recommendations that will strengthen the healthcare workforce and advance health equity across communities.