

2026 NMA Orthopaedic Surgery Section Schedule

Saturday, July 25, 2026

7:30 am **BREAKFAST (PROVIDED)**

8:00 am – 10:30 am **Timothy L Stephens Jr., MD Research Symposium**
Moderator: Letitia Bradford, MD, FAAOS, FACS

8:00 am - 8:12 am Workers' Compensation Associated with Prolonged Care in Carpal Tunnel Release - Edouard Augustin, MD

8:12 am - 8:14 am Preoperative GLP-1 Agonists in Orthopaedic Surgery: Impact on Fracture Healing and Revision Rates - Nigel Beaton

8:14 am - 8:26 am Experiences of Mistreatment and Inclusivity Among Orthopaedic Surgery Residents - Angelique Dabel

8:26 am - 8:38 am Bone Void Fillers in High Tibial Osteotomy: A Systematic Review - Travette Daniel

8:38 am - 8:50 am A Randomized, Pragmatic, Open-Label, Non-Inferiority Trial Comparing Suzetrigine To Usual-Care Opioids for Postoperative Pain Following Ambulatory Orthopedic Sports Procedure - Isaiah Hoffman

8:50 am - 9:02 am Mental Health Diagnoses and Psychotropic Medication Use Are Associated With Inferior Outcomes After Hip Arthroscopy for FAIS At Minimum 10-Year Follow Up - Raven Hollis

9:02 am - 9:14 am The “Engine” Versus the “Chassis”: A Biomechanical Analysis of Increasing Kinetic Energy and Static Connective Tissue Tensile Limits in Elite American Football Players - Darius Jackson

9:14 am - 9:26 am 3D-Printed Implants in Reconstructive Hand Surgery - Labo Oke, MD

9:26 am - 9:38 am Diabetes Mellitus as a Risk Factor for Periprosthetic Joint Infection Following Total Hip and Knee Arthroplasty: A Systematic Review - Joseph Salem

9:38 am - 9:50 am Dietary Counseling and Services are Associated with Improved Outcomes in TJA Patients with Malnutrition - Kayla Mayes

9:50 am - 10:02 am Protecting the Orthopedic Surgeon's Back: Efficacy of Passive Exoskeletons -

Angel Prempeh

10:02 am - 10:14 am Five-year incidence of Charcot Neuroarthropathy in Patients With and Without Glucagon- Like Peptide-1 Receptor Agonist Therapy - Jarrod Woodland

10:30 am - 11:30 am Tenosynovial Giant Cell Tumor: Multidisciplinary Team Perspectives on Complex Cases - Alysia Kemp, MD

11:30 am – 1:00 pm **Nth Student Poster Presentations**
Moderator: Letitia Bradford, MD, FAAOS, FACS

1:00 pm - 3:00 pm **BREAK (BLACKOUT)**

3:00 pm – 5:00 pm **Arthroplasty Section**
Moderator: Melvyn Harrington, MD

3:00 pm – 4:45 pm This is How We Do It- Current Practices in Hip and Knee Arthroplasty
Panelists: Melvyn Harrington, MD, Izu Ezu, MD
-Preoperative screening
-Inpatient vs Outpatient Hospital vs ASC
-Anesthesia
-Total Knee Arthroplasty Principles
-Total Hip Arthroplasty Principles
-Manual vs Robotics Navigation
-Precautions and Restrictions

4:45 pm - 5:00 pm The Future of Musculoskeletal Oncology - Izu Ezu, MD

Sunday, July 26, 2026

9:00 am - 11:00 am **BREAK (BLACKOUT)**

11:00 am – 2:00 pm **Trauma Session**
Moderator: Shasta Henderson, MD

11:00 am - 11:25 am Orthopedic Trauma at the Outside Hospital - Shasta Henderson, MD

11:25 am - 11:50 am Geriatric Pelvic Ring Injuries: When and How to Treat - Michael Harris, MD

11:50 pm - 12:15 pm Proximal Tibia Fractures: When is One Implant Not Enough? - Vince Lands, MD

12:00 pm **LUNCH PROVIDED**

12:30 pm - 12:55 pm Periprosthetic Proximal Femur Fractures: Fix or Replace - Toni McLaurin, MD

12:55 pm - 2:00 pm Trauma Case-Based Panel Discussions

2:00 pm – 4:30 pm	Foot and Ankle Session/Practice Management for the Orthoped Symposium Moderator: Monique Chambers, MD
2:00 pm - 2:20 pm	Transition to Practice: Do's and Don'ts - Bonnie Mason, MD
2:20 pm - 2:40 pm	Occupational Hazards to the Orthopaedic Surgeon - Monique Chambers, MD
2:40 pm - 3:00 pm	MD Role in Athlete Health and Wellness - Yetsa Tuakli, MD
3:00 pm - 3:20 pm	EMR Mastery: Making your EMR Make Your Life Easier - William Alexander Ross, Jr, MD
3:20 pm - 3:40 pm	Practice Management Pearls from My Experience - Anuli Mkparu, MD, MBA, MSc
3:40 pm - 4:00 pm	3D Printed Foot and Ankle Technology - Rull James Toussaint, MD, FAOA
4:00 pm - 4:20 pm	MIS: Foot Innovation in Your Practice - Dwayne Carney, MD
4:20 pm - 4:40 pm	Incorporating New Techniques into Practice with Minimally Invasive Approaches - Chris Marrero, MD
4:40 pm - 4:50 pm	BREAK
4:50 pm – 5:30 pm	Spine Session Moderator: Josh Adjei, MD
4:50 pm - 5:10 pm	The Evolution of Endoscopic Spine Surgery - Josh Adjei, MD
5:10 pm - 5:30 pm	Adult Spine Deformity: The Principals and Paradigm Shifts - James Fleming, MD

Monday, July 27, 2026

6:30 am	BREAKFAST PROVIDED
7:00 am - 9:00 am	Sports Session Moderator: Carla Bridges, MD
7:00 am - 7:25 am	Sports Medicine as a Hand Surgeon - A. Rashard Dacus, MD
7:30 am - 7:55 am	From Growth Plates to Great Outcomes: Why Pediatric Orthopaedics Sports
8:00 am - 8:25 am	Patellar Instability: Soft Tissue Risk Factors and Treatment - O. Folorunsho Edobor-Osula, MD, MPH
8:30 am - 8:55 am	Patellar Instability: Bony Risk Factors and Treatment. -Derrick Burgess, MD
9:00 – 11:00 am	Sports Combined Session with PM&R Moderator: Carla Bridges, MD
9:00 am - 9:25 am	Taking Care of a Collegiate Team - Shannon Goode, MD
9:30 am - 9:55 am	PMR Sideline Coverage without Borders - Jose Rios, MD
10:00 am - 10:25 am	HBCU Team Coverage -Derrick Burgess, MD
10:30 am – 10:55 am	Repair, Resect, or Rebuild? From Conservative Care to Reconstruction of the Athletic Meniscus - Phillip Williams, MD

10:00 am – 3:00 pm Exhibit Hall Open

11:00 am - 1:00 pm BREAK (BLACKOUT)

1:00 pm - 3:00 pm Upper Extremity Session

Moderator: Sharif Abdus-Salaam, MD

1:00 pm - 1:25 pm Arthroplasty for Shoulder and Elbow Fractures - Sharif Abdus-Salaam, MD

1:30 pm - 1:55 pm Clinical Experience and Outcomes using Fish Allograft for Hand Wounds- A.
Rashad Dacus, MD

2:00 pm - 2:25 pm Treatment of Chronic Distal Biceps Tendon Tears - Lattisha Billbrew, MD

2:30 pm - 2:55 pm Total Wrist Arthroplasty - Eric Lewis, MD