



National
Medical
Association

JULY 25-29

2026
*Annual
Convention
& Scientific
Assembly*
San Juan
PUERTO RICO

INTERNAL
MEDICINE
SECTION

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Internal Medicine Section Program

San Juan, Puerto Rico
July 25–29, 2026

The Internal Medicine Meeting Room will be in the Convention Center, Room 209.
All IM Meetings will take place here, unless otherwise noted.

Chair:

Hakeem Ayinde, M.D., M.S., FACC, FHRS
*Cardiology Associates of Fredericksburg
Fredericksburg, VA*

Immediate Past Chair:

Marie L. Borum M.D., Ed.D., M.P.H.
*Professor of Medicine and Professor of Prevention and Community Health
Director, Division of Gastroenterology and Liver Diseases
George Washington University, Washington, D.C.
Chair, NMA Internal Medicine Section
Chair, NMA Gastroenterology Section*

Past Chairs:

Rasheed A. Balogun, M.D.
Charles U. Gbadouwey, M.D.
Ayotunde Dokun, M.D., Ph.D.
Wallace Johnson, M.D.

Virginia A. Caine, M.D.
Sadye Curry, M.D.
*Ray Henderson, M.D.
Wendell Jones, M.D., M.B.A.

Kwame Osei, M.D.
Stephen A.C. Parnell, M.D.
M. Keith Rawlings M.D.
Jackson T. Wright, Jr., M.D., Ph.D.

**Deceased*

Section Administrator:

Chanda Nicole Holsey, Ph.D., M.P.H., AE-C

Intended Audience:

This educational activity is designed for physicians, any related health professionals,
trainees and residents, representing a variety of medical specialties and health professions.

Format:

Educational activities will include lectures and panel discussions, followed by question and answer sessions.

Continuing Medical Education

The National Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The National Medical Association designates this educational activity for a maximum of XX AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The National Medical Association has been reviewed and approved as an Authorized Provider by the International Association for Continuing Medical Education and Training (IACET), 8405 Greensboro Drive, Suite 800, McLean, VA 22102-5120. The National Medical Association has awarded 2.5 of CEUs to participants who successfully complete this program.

Statement of Disclosure:

Faculty for the National Medical Association seminars are expected to disclose at the beginning of their educational presentation any relevant financial relationships with a commercial entity.

Disclaimer:

The National Medical Association (NMA) and its staff are not responsible for injury or illness resulting from the use of medications or modalities discussed during this educational activity. The NMA does not endorse the use of off-labeled medications. All speakers must acknowledge the status of drugs discussed and not approved by the FDA for patient care.

Acknowledgements

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Alnylam Pharmaceuticals, AstraZeneca, Bridge Bio, W.B. Montague Cobb/NMA Health Institute, Cardiovascular Associates of America (CVA), Exact Sciences, Medtronic, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH), Otsuka, Regeneron, Sanofi, ViiV Healthcare, and ZOLL Medical.

We are grateful for their support.

Internal Medicine Agenda

Friday, July 24th, 2026

1:00 – 4:00 PM Grant Planning Meeting
with interested IM
Subspecialty Section
leaders and Regions –
invitation only
*Location: Convention Center
IM Meeting Room 209*

Basic Life Support (BLS) Course

Convention Center, Room 202A

Instructors:

Wendell Jones, M.D.
*VISN Network Director
Department of Veterans Affairs
Arlington, TX*

Timecia Goree, D.N.P., M.S.N., R.N.
*REdl Program Director and Simulation Lead
VA North Texas Health Care System
Dallas, TX*

Doreen Vines, B.S., NREMT/P, C.P.M.
*Clinical Educator and Program Manager HUH
Resuscitation Program
Howard University Hospital
Washington, D.C.*

Saturday, July 25th, 2026

8:00–8:05 AM Lesson 1: Course
Introduction

8:05–8:30 AM Lesson 5: High-
Performance Teams
*Team Dynamics
High-Performance Teams
High-Performance Teams
Activity*

8:30–9:30 AM Lesson 2: 1-Rescuer Adult
BLS; Lesson 3: Bag-Mask
Device and AED

Lesson 4: 2-Rescuer Adult
BLS
*Chain of Survival
Practice While Watching:
1-Rescuer Adult BLS*

*Bag-Mask Device
AED*

9:30–9:45 AM Break

9:45–10:00 AM Lesson 6: Special
Considerations
*Mouth-to-Mouth Breaths
Breaths and Ventilations
Practice While Watching:
Breaths and Ventilations
Breaths With an Advanced
Airway
Opioid-Associated Emergency
Maternal Cardiac Arrest
Drowning*

10:00–10:15 AM Lesson 7: Child BLS
*Child BLS
2-Rescuer Child BLS
Practice While Watching:*

	<i>2-Rescuer Child BLS</i>	9:30–9:45 AM	Break
10:15–10:30 AM	Lesson 8: Infant BLS <i>Infant Compressions</i> <i>Practice While Watching:</i> <i>Infant Compressions</i> <i>Bag-Mask Device for Infants</i> <i>Practice While Watching:</i> <i>Bag-Mask Device for Infants</i> <i>2-Rescuer Infant BLS</i> <i>Practice While Watching:</i> <i>2-Rescuer Infant BLS</i>	9:45–10:00 AM	Lesson 6: Special Considerations <i>Mouth-to-Mouth Breaths</i> <i>Breaths and Ventilations</i> <i>Practice While Watching:</i> <i>Breaths and Ventilations</i> <i>Breaths With an Advanced Airway</i> <i>Opioid-Associated Emergency</i> <i>Maternal Cardiac Arrest</i> <i>Drowning</i>
10:30–10:40 AM	Lesson 10: Relief of Choking <i>Adult and Child Choking</i> <i>Infant Choking</i> <i>Practice While Watching:</i> <i>Infant Choking</i>	10:00–10:20 AM	Lesson 7: Child BLS
10:40–10:45 AM	Lesson 11: Conclusion		Lesson 8: Infant BLS <i>Child BLS</i> <i>2-Rescuer Child BLS</i> <i>Infant Compressions</i> <i>Practice While Watching:</i> <i>Infant Compressions</i> <i>Bag-Mask Device for Infants</i> <i>Practice While Watching:</i> <i>Bag-Mask Device for Infants</i> <i>2-Rescuer Infant BLS</i> <i>Practice While Watching:</i> <i>2-Rescuer Infant BLS</i> <i>Students Practice: Infant</i> <i>High-Performance Teams</i> <i>Activity (Optional)</i>
10:45–10:55 AM	Lesson 12: Skills Test <i>Adult CPR and AED Skills Test</i> <i>Infant CPR Skills Test</i>		
10:55–11:30 AM	Lesson 13: Exam		
11:30 AM–12:00 PM	Lesson 14: Remediation <i>Skills Testing Remediation</i> <i>Exam Remediation</i>		
<i>Fast Track BLS (Participants have Completed Online Portion First)</i>			
8:00–8:05 AM	Lesson 1: Course Introduction	10:20–10:30 AM	Lesson 10: Relief of Choking <i>Adult and Child Choking</i> <i>Infant Choking</i> <i>Practice While Watching:</i> <i>Infant Choking</i>
8:05–8:30 AM	Lesson 5: High-Performance Teams <i>Team Dynamics</i> <i>High-Performance Teams</i> <i>High-Performance Teams</i> <i>Activity</i>	10:30–10:40 AM	Lesson 11: Conclusion
8:30–9:30 AM	Lesson 2: 1-Rescuer Adult BLS; Lesson 3: Bag-Mask Device and AED	10:40–11:00 AM	Lesson 12: Skills Test <i>Adult CPR and AED Skills Test</i> <i>Infant CPR Skills Test</i>
	Lesson 4: 2-Rescuer Adult BLS <i>Chain of Survival</i> <i>Practice While Watching:</i> <i>1-Rescuer Adult BLS</i> <i>Bag-Mask Device</i> <i>AED</i>		

Agenda Renewal for ACLS Course

ACLS, Convention Center, Room 202A

Instructors:

Wendell Jones, M.D.
VISN Network Director
Department of Veterans Affairs
Arlington, TX

Timecia Goree, D.N.P., M.S.N., R.N.
REdl Program Director and Simulation Lead
VA North Texas Health Care System
Dallas, TX

Doreen Vines, B.S., NREMT/P, C.P.M.
Clinical Educator and Program Manager HUH
Resuscitation Program
Howard University Hospital
Washington, D.C.

Saturday, July 25, 2026 (Day 1)

1:00–1:10 PM	Lesson START: Welcome, Introductions, and Course Administration
1:10–1:20 PM	Lesson 1: ACLS Course Overview, Organization, and the Science of Resuscitation
1:20–1:40 PM	Lesson SA: Systematic Approach
1:40–3:00 PM	Learning Stations: Preventing Arrest: Bradycardia; Preventing Arrest: <i>Tachycardia (Stable and Unstable); : High-Performance Teams: Cardiac Arrest and Post-Cardiac Arrest Care; Acute Coronary Syndromes; Acute Stroke</i>

3:00–3:15 PM	Break
3:15–4:00 PM	Lesson 3: Learning/Testing Station: <i>Airway Management; Technology Review; High-Performance Teams</i>
4:00–5:00 PM	High-Performance Teams: Megacode Testing and Megacode Testing Details

Sunday, July 26, 2026 (Day 2)

9:00–11:30 AM	Exam / Remediation
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Fast Track Agenda Renewal for ACLS Course

(Participants have Completed the Online Portion First)

Saturday, July 25, 2026 (Day 1)

1:15 – 2:15 PM	High-Performance Teams: Megacode Testing and Megacode Testing Details
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Pulmonology Subspecialty Section

Saturday, July 25th
7:30 – 10:45 AM

Location: Convention Center IM Meeting Room 209

Multidisciplinary Session on COPD – Pulmonary, AAI and ENT

Co-Course Directors

Aaron Baugh, M.D., M.S.

*Pulmonology Subspecialty Section Chair and Moderator
Assistant Professor; Pulmonary and Critical Care Medicine
University of California, San Francisco
San Francisco, CA*

Cheryl McGill-Walker, M.D., M.B.A., FAAAAI

*Chair, Allergy, Asthma and Immunology Section
Past Chair, Federation of State Medical Boards
President, iThinc
Raleigh, NC*

Needs Assessment

The syndemic nature of COPD is under-recognized but represents a major barrier to high-quality care. Even among those physicians who are aware, there is a lack of expert guidance or structural support for multidisciplinary care. Further complicating this picture, both primary and advanced therapies have potentially deleterious interactions with commonly comorbid diseases. Similarly, guideline reserve several treatment interventions for those who are already optimally managed in other ways. Patients

from under-served communities, who have worse overall outcomes, face all these issues more acutely while being less likely to receive specialty care.

Gap Analysis

1. As a disease of senescence, most patients who are diagnosed have multiple other comorbidities.
2. Uncontrolled comorbidities worsen the prognosis of COPD and increase the likelihood of COPD exacerbations
3. Effective control of comorbidities in COPD requires integrative knowledge of multiple subspecialties

Learning Objectives

At the conclusion of this multi-disciplinary educational seminar, patients will be able to:

1. Summarize areas how uncontrolled disease in other organ systems can negatively impact COPD control
2. Distinguish areas of conflicting sub-specialty recommendation that could adversely impact the COPD care
3. Assess the impact of COPD exacerbations and comorbidity on racially disparate health outcomes
4. Develop multi-disciplinary care plans that seek to simultaneously optimize COPD and other important co-morbid chronic diseases

Agenda

First Hour: Understanding Comorbidities

7:30–7:35 AM	Introduction <i>Aaron Baugh, M.D. M.S.</i>
7:35–7:42 AM	Case Report <i>Wigdan Farah, MBBS, M.P.H.</i>
7:42–7:57 AM	Nasal obstruction/nasal symptoms <i>Lamont Jones, M.D.</i>
7:57–8:13 AM	Upper & Lower Airway Disease <i>Anne Maitland, M.D.</i>
8:13–8:23 AM	Discussion/Question & Answer <i>Anne Maitland, M.D.</i>

Second Hour: Expert Management for COPD

8:23–8:38 AM	“Frequent Exacerbator” Phenotype <i>Aaron Taylor, M.D.</i>
8:38–8:53 AM	Advanced Interventions in COPD <i>Leslie Seijo, M.D.</i>
8:53–9:18 AM	Biologics for Type 2

Inflammation
Cleavon Covington, M.D.

9:18–9:25 AM	SGLT-2 Inhibitors and COPD Exacerbation Risk <i>Amie Ogunsakin, MD</i>
9:25–9:32 AM	Discussion/Question & Answer <i>Aaron Baugh, MD MS</i>

Third Hour: Social, Behavioral & Environmental Determinants of Care

9:32–9:47 AM	Air Pollution & Climate Change <i>Michael LeNoir, MD</i>
9:47–10:03 AM	Depression & COPD <i>Napoleon Higgins, MD</i>
10:03–10:18 AM	Neighborhood Quality <i>Matthew Simpson, MD</i>
10:18–10:30 AM	Panel Discussion/Question & Answer <i>Aaron Baugh, MD MS</i>
10:30–10:45 AM	Take Home Messages/Post Test <i>Cheryl Walker-McGill, MD MBA</i>

Gastroenterology Subspecialty Program:

Strategies to Improve Colon Cancer Screening and Outcomes and Understanding Multi-Cancer Early Detection Tests in Clinical Practice

Saturday, July 25th
11:00–12:45 PM

Learning Objectives

- Improve knowledge of colon cancer prevalence and outcome in the United States
- Improve of knowledge of screening options and advances in technology
- Improve strategies to decrease disparities in colon cancer

Moderator

Marie L. Borum, M.D., Ed.D., M.P.H.
Director, Division of Gastroenterology and Liver Diseases
George Washington University Medical Center, Washington, D.C.

Colon Cancer Prevalence in the United States: Geographic, Racial and Gender Disparities

Lisa Richardson, M.D., M.P.H.
Previous Director of the CDC Division of Cancer Prevention and Control

Overview of Colon Cancer Screening: Incorporating New Technology and into Clinical Practice

Lanla Conteh, M.D., M.P.H., M.B.A.
Chief, Division of Digestive Diseases, Nutrition and Hepatology
University of Kentucky, Lexington, Kentucky

Strategies to Improve Screening Strategies

Marie L. Borum, M.D., Ed.D., M.P.H.
Director, Division of Gastroenterology and Liver Diseases
George Washington University Medical Center, Washington, D.C.

Surgical Treatment and Outcome of Colon Cancer

Jonathan Laryea M.D., MBChB, M.S., FACS, FASCRS, FWACS
Professor of Surgery
Chief, Division of Colon & Rectal Surgery
University of Arkansas for Medical Sciences
Little Rock, Arkansas

Case Presentations and Panel Discussion

Panel Moderator

Angela Y. Mosley-Nunnery, M.D.
Chief Medical Officer, Baylor Street
Luke's Medical Group
Baylor College of Medicine
Houston, TX

12:45 – 1:00 PM

CME Dept Scheduled
Break

HIV Subspecialty Program

Increasing HIV Testing: To Achieve Prevention and Treatment Goals

Location: Convention Center IM Meeting Room 209

NMA National Meeting Therapeutic Sub-Specialty Stakeholders

Internal Medicine Section: (HIV, Infectious Disease, General Internal Medicine, Oncology, and Gastroenterology) Other Sections (OB/GYN and Community Medicine)

A. Program Rationale: Increasing HIV Testing is Needed to Meet Precision Prevention and Treatment Goals in the United States (US)

Saturday, July 25, 2026

Improving uptake of HIV testing is essential for identification of HIV status. Knowing one's HIV status is necessary for the initiation of both biomedical HIV prevention (PrEP) services and HIV treatment with evidence-based therapies (ART). For over 2 decades the US has experienced decreases in annual rates of new HIV infections, disease progression and severity, and AIDS related mortality. It is projected that by 2030, 70% of people living with HIV (PLWH) will be aged 50 or older. Despite these advances substantial racial and geographic inequities persist. Black and Hispanic populations are disproportionately represented among new HIV diagnoses, are more likely to be diagnosed with advanced disease, and have the highest morbidity and mortality rates. The Federal "Ending the HIV Epidemic in the US" (EHE) initiative has highlighted the geographical concentration; with 48 counties, 3 cities, and 7 mostly Southern states accounting for half of new infections annually.

Along with up-dates on HIV prevention and treatment, reducing the gap between awareness and implementation of routine HIV testing by providers remains. Strategies to reduce those barriers are essential for effective, patient-centric, evidence-based prevention and treatment across various sub-specialties.

Course Director:

M. Keith Rawlings, M.D.
*National Medical Association
Internal Medicine Section Co-Chair, HIV Section
Silver Springs, MD*

Co-Course Director:

Nada Fadul, M.D.
*Professor, UNMC Division of Infectious Disease
Associate Dean, Faculty Affairs, Department of Internal Medicine
University of Nebraska College of Medicine
Omaha, NE*

3:30 – 3:40 PM	Welcome & Pre-Test <i>Nada Fadul, M.D.</i> (Moderator)	4:40 – 5:10 PM	Implication of Recent Policies on HIV Treatment & Prevention <i>M. Keith Rawlings, M.D.</i> Internal Medicine, HIV/AIDS Section Chair National Medical Association Silver Springs, MD
3:40 – 4:10 PM	Highlights from National/International HIV Conferences (Part 1) <i>Roger Bedimo, M.D., FACP, FIDSA (Confirmed)</i> Professor, Department of Internal Medicine Division of Infectious Diseases & Geographic Medicine UT Southwestern Medical Center Chief, Infectious Diseases Section VA North Texas Health Care System Dallas, TX	5:10 - 5:30 PM	Case Review Questions & Discussion Panel Panelists <i>Nada Fadul, M.D.</i> <i>Roger Bedimo, M.D., FACP, FIDSA</i> <i>M. Keith Rawlings, M.D.</i>
4:10 – 4:40 PM	HIV Prevention and Treatment Goals and Update <i>Nada Fadul, M.D. (Invited)</i> Professor, Division of Infectious Diseases Assistant Dean, Inclusive Education, College of Medicine Medical Director, Specialty Care Center University of Nebraska Medical Center (UNMC) Omaha, NE	5:30 – 6:00 PM	Post test, Final Q&A, Adjournment

Additional HIV Collaborative Sessions

Therapeutic sub-specialties will examine the role of HIV testing in risk management, prevention, and treatment for their patients. Programs include lectures, evaluations, and questions/answers.

B. Infectious Diseases

Tuesday, July 28th

9:50 – 10:15 AM Newest Advances in Single-Tablet ART, Injectable ART, and Prep Therapies for HIV in People of Color
Roger Bedimo, M.D.
Professor, Department of Internal Medicine
Division of Infectious Diseases & Geographic Medicine
UT Southwestern Medical Center
Chief, Infectious Diseases Section, VA
North Texas Health Care System Dallas, TX

C. Oncology

Monday, July 27, 2026

3:45 – 6:00 PM HIV and Malignancies
Amanda Blair Spence, M.D.
Attending Physician
Division of Infectious Diseases and Tropical Medicine
Assistant Professor
Department of Medicine
Georgetown University Hospital
Washington, D.C.

D. OB/GYN

Monday, July 27, 2026

Time (TBD) Oncological Cancer and HIV: Is there a correlation?
Cassandra Henderson, M.D., M.Sc., CDCES
Chair, NMA OB/GYN

 Panelists
 Implication of Recent Policies on HIV Treatment & Prevention
M. Keith Rawlings, M.D.
Internal Medicine, HIV/AIDS Section Chair
National Medical Association
Silver Springs, MD

Internal Medicine Section Dinner Program and Awards Ceremony

Saturday, July 25th
6:00 – 7:00 PM

Networking Opportunities for R13 Scholars with IM Leaders/Experienced Researchers/R13 Planning Members

Location: This event will be held in Convention Center, Room 208 BC

This is a non-CME program

Program Chair

Hakeem Ayinde, M.D., MS, FACC, FHRS

Director, Cardiac Electrophysiology

Cardiology Associates of Fredericksburg

Fredericksburg, VA

National Medical Association Internal Medicine Scientific Section Chair

National Medical Association Cardiology Subspecialty Section Co-Chair

Recipients:

Rasheed A. Balogun, M.D. – 2026 Internal Medicine Section Elijah B Saunders Physician of the Year

Doris Browne, M.D., M.P.H. – 2026 Internal Medicine Section Kwame Osei, M.D., Mentor of the Year

ACLS

Sunday, July 26th

Location: Convention Center Meeting Room 202A

Instructors:

Wendell Jones, M.D.

VISN Network Director

Department of Veterans Affairs

Arlington, TX

Timecia Goree, D.N.P., M.S.N., R.N.

REdL Program Director and Simulation Lead

VA North Texas Health Care System

Dallas, TX

Doreen Vines, B.S., NREMT/P, C.P.M.

Clinical Educator and Program Manager HUH

Resuscitation Program

Howard University Hospital

Washington, D.C.

Tyrone Crews Jr. L.P., C.C.P., M.B.A., R.R.T.

Perfusionist

American Society of Extracorporeal Technology

Atlanta, GA

9:00-11:30 AM

Exam / Remediation

Pulmonology Non-CME Breakfast:

A Collaborative Look at Clinical Outcomes of Biologic Use in Asthma and COPD

Sunday, July 26th
7:30 – 8:30 PM

Location: Convention Center, Room 208C

**Registration Required*

Jamie Rutland, M.D.
*Pulmonologist West Coast Lung Clinic
Newport Beach, CA*

Ugochukwu Ezema, M.D.
*Pulmonologist
Terrebonne General Pulmonology Care
Houma, LA*

NMA R13 NIH Small Conference Grant Program Networking Breakfast

Sunday, July 26th
7:15 – 8:45 PM

Location: Convention Center Room 201B

**Registration Required*

NMA 2026 Addressing Health Outcomes Internal Medicine

Scientific sessions will explore strategies to reduce health disparities in Endocrinology, Diabetes and Metabolism, HIV/AIDS, Gastroenterology, Cardiology, Pulmonology, Nephrology, and Oncology

“Funding for this conference was made possible (in part) by 1 R13 DK118916-01 from NIDDK. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention by trade names, commercial practices, or organizations imply endorsement by the U.S. Government.”

Principal Investigator

Ayotunde O. Dokun, M.D., Ph.D., FACE, FRCP
*Chair and Course Director, Endocrinology, Diabetes, and Metabolism Sub-Specialty Section, NMA
FOEDRC Verna Funke Chair in Diabetes Research
Vice Chair for Faculty Advancement
Director, Division of Endocrinology and Metabolism
Professor of Medicine and Endocrinology
University of Iowa, Carver College of Medicine
Iowa City, Iowa*

Chanda Nicole Holsey, Ph.D., M.P.H., AE-C
*Co-Principal Investigator/Program Director
NMA NIH R13 Small Conference Grant Program
IM Section Executive
Fleming Island, FL
Adjunct Faculty, BHSc Program
Dr. Pallavi Patel College of Health Care Sciences
Nova Southeastern University
Ft Lauderdale, FL*

There are five objectives to this conference session:

- 1) Provide a forum for cross-disciplinary exchange of ideas to further explore issues of health disparities and health equity issues in the areas of Endocrinology, Diabetes, and Metabolism, HIV/AIDS, Gastroenterology, Cardiology, and Pulmonology, Nephrology, and Oncology
- 2) Foster opportunities for early-stage minority faculty and trainees to network and learn about current research in the internal medicine specialty including, Endocrinology, Diabetes, and Metabolism, HIV/AIDS, Gastroenterology, Cardiology, Pulmonology, Nephrology, and Oncology
- 3) Promote opportunities for all early-stage faculty and trainees to present their research findings during the general NMA poster session and our general IM Session meeting; and integrate the top recipients of the abstract submissions as oral abstract presentations within the appropriate Internal Medicine specialty presentations.
- 4) Promote opportunities for trainees to buttress this academic experience by allowing them to attend an array of NMA general Scientific Section symposia (e.g., Family Medicine, OB/GYN, Physician Executive, Community Health and Public Health, and NMA plenary sessions on violence prevention and environmental health and asthma) during the entire NMA Convention period.
- 5) Promote opportunities for early-stage faculty and trainee investigators to interact with more senior investigators working in the internal medicine specialties to enable them the opportunity to establish professional relationships that will provide early career guidance and for those interested “groom” them for future leadership in the NMA.

NIH R13 Scholars Networking Breakfast with IM Leaders/Experienced Researchers/R13 Planning Members

7:15 – 7:30 AM	Breakfast Welcome and Introductions <i>Ayotunde O. Dokun, M.D., Ph.D., FACE, FRCP</i> <i>Chair and Course Director, Endocrinology, Diabetes, and Metabolism Sub-Specialty Section, NMA</i> <i>FOEDRC Verna Funke Chair in Diabetes Research</i> <i>Vice Chair for Faculty Advancement</i> <i>Director, Division of Endocrinology and Metabolism</i> <i>Professor of Medicine and Endocrinology</i> <i>University of Iowa, Carver College of Medicine</i> <i>Iowa City, Iowa</i>	7:30 – 8:00 AM	Address to the R13 Early Career Investigators [Title, TBD] <i>Monica E. Peek, M.D., M.P.H., M.Sc.</i> <i>Ellen H. Block Professor for Health Justice in Medicine</i> <i>Associate Director</i> <i>Chicago Center for Diabetes Translational Research</i> <i>Chicago, IL</i>
		8:00 – 8:45 AM	Questions and Answers/ Small Group Discussions/ Networking/Adjournment
		8:45 – 9:00 AM	CME Dept Scheduled Break

Endocrinology I: Diabetes Subspecialty Program:

Advancing Diabetes Care in 2026: Evidence-Based Updates in Diagnosis, Technology, and Therapeutic Management

Location: Internal Medicine Section Meeting Room,
Convention Center, Room 209

Activity Chair and Course Director:

Ayotunde O. Dokun, M.D., Ph.D., FACE, FRCP
*Chair and Course Director, Endocrinology, Diabetes, and
Metabolism Sub-Specialty Section, NMA
FOEDRC Verna Funke Chair in Diabetes Research
Vice Chair for Faculty Advancement
Director, Division of Endocrinology and Metabolism
Professor of Medicine and Endocrinology
University of Iowa, Carver College of Medicine
Iowa City, Iowa*

Co-Course Director

Amie Ogunsakin, M.D.
*National Medical Association
Co-Course Director, Endocrinology, Diabetes, and
Metabolism Subspecialty Section
Clinical Associate Professor of Internal Medicine-
Endocrinology and Diabetes
University of Iowa
Iowa City, IA*

Needs Assessment

Modern diabetes care demands up-to-date knowledge of evolving guidelines, technologies, and patient-centered strategies. By integrating the 2026 ADA updates, from incretin-based therapies to CGM/AID adoption, to updated DKA/HHS criteria; clinicians can significantly

improve outcomes across glycemic, cardiovascular, renal, and metabolic domains

The ADA Standards of Care 2025/2026 emphasize person-centered, comorbidity-driven therapy and broader recommendations for early adoption of continuous glucose monitoring (CGM) and automated insulin delivery (AID). However, implementation remains uneven in routine practice.

Learning Objectives

1. Describe updated 2026 diabetes pathophysiology and apply classification frameworks (including autoantibody-based approaches) to improve diagnostic accuracy.
2. Apply ADA 2025/2026 treatment algorithms to select therapies based on comorbidity profiles (ASCVD/HF/CKD, MASLD/MASH) and patient goals.
3. Integrate CGM and AID per ADA technology guidance, including device selection, onboarding, and time-in-range-guided titration.
4. Implement updated DKA/HHS diagnostic and treatment pathways, including quantitative ketone use and resolution criteria.
5. Communicate using person-first, stigma-free language and address psychosocial/SDOH factors to improve adherence and outcomes.
6. Increase knowledge regarding emerging procedures and therapies in diabetes care

Sunday, July 26th

1:45 – 1:50 PM	Welcome and Disclosures <i>Amie Ogunsakin, MD</i>	2:40 – 3:10 PM	James W. Reed, MD Memorial Lecture <i>Advancing Health Equity in Diabetes Care</i> <i>Monica E. Peek, M.D., M.P.H., M.Sc.</i> <i>Ellen H. Block Professor for Health Justice in Medicine</i> <i>Associate Director, Chicago Center for Diabetes Translational Research</i>
1:50 – 2:10 PM	ADA 2026 Screening Recommendations and Achieving Glycemic Targets in Type 1 and Type 2 Diabetes (20 minutes) <i>Alyson Myers, M.D.</i> <i>Professor of Medicine</i> <i>Associate Chair of faculty Mentoring and Community Engagement</i> <i>Montefiore Einstein, Bronx, NY</i>	3:10 – 3:30 PM	Technology Integration in Clinical Practice <i>Kevin H. McKinney, M.D.</i> <i>Professor of Internal Medicine</i> <i>Chief, Division of Endocrinology and Stark Diabetes Clinic</i> <i>University of Texas Medical Branch at Galveston</i>
2:10 – 2:40 PM	Emerging Approaches to Beta Cell Preservation (20 minutes) <i>Ayotunde O. Dokun, M.D., Ph.D., FACE, FRCP</i> <i>Chair and Course Director, Endocrinology, Diabetes, and Metabolism Sub-Specialty Section, NMA</i> <i>FOEDRC Verna Funke Chair in Diabetes Research</i> <i>Vice Chair for Faculty Advancement</i> <i>Director, Division of Endocrinology and Metabolism</i> <i>Professor of Medicine and Endocrinology</i> <i>University of Iowa, Carver College of Medicine</i> <i>Iowa City, Iowa</i>	3:30 – 3:42 PM	Interactive Case-Based Management and Expert Panel Discussion <i>All Faculty</i> <i>Case-based discussion addressing cardiometabolic disease (ASCVD, heart failure, and chronic kidney disease), early type 1 diabetes, prevention strategies, and complex management scenarios, followed by audience questions and discussion.</i>
		3:42 – 3:45 PM	Closing Remarks and Key Takeaways <i>Amie Ogunsakin, M.D.</i>

R13 Program Continued

Room, Hilton, Salons A3 & A4, Lower Level

Part II of the R13 program will be held right outside of the IM Section Meeting

Sunday, July 26th

4:00 – 4:15 PM	R13 Participants Group Photo – Scholars, Early Career Faculty, and IM Leaders/Experienced Researchers/R13 Planning Members	during this time to listen to research presentations and ask the presenter questions. Candid photos will be taken by IM Social Media Professional.]
4:15 – 5:15 PM	R13 Early Career Scholars Poster Presentations [All faculty engagers are needed	R13 Participants Check in with IM Administrative Designee to complete final evaluations and paperwork.

Faculty Engagers:

Drs. Ayotunde Dokun, Rasheed Balogun, Itunu Owoyemi, Marie Borum, Natasha Travis, Aaron Baugh, Edward Treadwell, Lanla Conteh, Toyosi Onwuemene, Hakeem Ayinde, Wallace Johnson, Onyedika Ilonze, Virginia Caine, and Adetokunbo Odunaiya.

NMA NIH R13 2025 Early Career Scholars:

1. Bisi Alli, M.D.
2. Alpha Amaldi, M.D.
3. Brenda Amuchi, M.D., M.P.H.
4. Joniqua Ceasar, M.D.
5. Natalia Dominguez, Post – Baccalaureate
6. Victor Ekuta, PGY II
7. Elijah Gyansa, M.D.
8. Christle Nwora, M.D.
9. Sota Omoigui, M.D.
10. Daniel Saugh, Ph.D., M.P.H.
11. Homayemem Weli, MBBS, Ph.D. Fellow
12. Farah Wigdan, MBBS, M.P.H.*

**Selected to provide an oral abstract.*

Hematology Subspecialty Section:

Amyloidosis Across Specialties: Early Recognition, Coordinated Care, Better Outcomes

Monday, July 27th
7:00 – 8:45 AM

Course Director

Hakeem Ayinde, M.D., M.S., FACC, FHRS
*NMA Internal Medicine Section Chair,
Cardiology Subsection Co-Chair
Cardiology Associates of Fredericksburg
Fredericksburg, VA*

Program Moderators

Onyedika Ilonze, M.D., M.P.H., FACC, FHSA
*NMA Cardiology Subsection Co-Chair
Associate Professor of Medicine
Indiana University
Indianapolis, IA*

Stephen Cockburn, M.D.
*Novant Health Neurology
Kernersville, NC*

Learning Objectives

1. Identify key clinical “red flags” across organ systems—including musculoskeletal, neurologic, cardiac, and renal manifestations—that should prompt primary care physicians to suspect amyloidosis in everyday practice.
2. Differentiate between AL and ATTR amyloidosis and outline the appropriate initial diagnostic workup in primary care, including essential laboratory tests, imaging modalities, and referral pathways.
3. Recognize the major cardiac, renal, neurologic, and rheumatologic complications of amyloidosis and describe when urgent specialty referral is warranted to prevent irreversible organ damage.
4. Describe current and emerging treatment options for AL and ATTR amyloidosis and explain how early detection and coordinated multidisciplinary care improve patient outcomes.

7:00 – 7:05 AM

Welcome and Introductory
Comments
*Hakeem Ayinde, M.D.
Cardiology Associates of
Fredericksburg*

7:15 – 7:30 AM

Dual AL and ATTR
Amyloidosis in a Patient
with Non-Ischemic
Cardiomyopathy
*Akila Bislao, B.S., M.D.
Candidate 2029
University of California at
San Francisco
San Francisco, CA*

7:05 – 7:15 AM The Many Faces of Amyloidosis; A
Multi-Specialty Overview
*Ashira Blazer, M.D.
Associate Professor of
Medicine
University of Maryland
School of Medicine
Baltimore, MD*

7:30 – 7:45 AM

AL Amyloidosis: A
Hematologic Emergency
*Alankrita Taneja, M.D.
Sidney Kimmel Comprehensive
Cancer Center
Jefferson Einstein Philadelphia
Hospital
Philadelphia, PA*

7:45 – 8:00 AM	The Renal-Cardiac Connection in Amyloidosis: Why Kidney Findings Often Diagnose the Heart First <i>Itunu Owoyemi, M.D.</i> <i>Transplant and Onco-Nephrologist</i> <i>Cleveland Clinic</i> <i>Cleveland, OH</i>	8:15 – 8:30 AM	Current and Emerging Therapies in ATTR Amyloidosis <i>Kevin Alexander, M.D.</i> <i>Assistant Professor of Medicine</i> <i>Stanford University School of Medicine</i> <i>Stanford, CA</i>
8:00 – 8:15 AM	Diagnostic Pathway in Amyloidosis: A Primer for the PCP <i>Alankrita Taneja, M.D.</i> <i>Sidney Kimmel</i> <i>Comprehensive Cancer Center</i> <i>Jefferson Einstein</i> <i>Philadelphia Hospital</i> <i>Philadelphia, PA</i>	8:30 – 8:45 AM	Interactive Panel Discussion <i>All Speakers and Moderators</i>
		8:45 – 9:00 AM	CME Dept Scheduled Break

The Dr. Richard Allen Williams Cardiology Subspecialty Section:

Hidden Burdens, Shared Pathways: Addressing Cardiovascular Disparities Across Disease States

Monday, July 27th
9:00 – 11:00 AM ET

A joint session among the NMA IM Cardiology Subspecialty Section and the Association of Black Cardiologists (ABC)

Location: Convention Center IM Meeting Room 209

IM Cardiology Subspecialty Section Chairs:

Dr. Onyedika Ilonze
Dr. Wallace Johnson
Dr. Hakeem Ayinde

Association of Black Cardiologists Chairs:

Dr. Marietta Ambrose
Dr. Pelbreton Balfour

Description

Cardiovascular disease continues to disproportionately impact Black communities, driven by a complex interplay of biological, structural, and systemic factors. This program highlights key cardiovascular conditions—including cardiac amyloidosis, hypertrophic cardiomyopathy (HCM), and heart failure across phenotypes (HFpEF and HFrEF)—to examine how disparities manifest across the care continuum.

Through focused presentations, faculty will explore challenges in early recognition, diagnostic accuracy, and evidence-based management, with particular attention to conditions that are frequently underdiagnosed or misclassified in high-risk populations. By connecting these disease states through shared clinical pathways and health system gaps, this program aims to equip clinicians with strategies to improve diagnosis, optimize management, and advance equitable cardiovascular care.

9:00 – 9:10 AM Welcome and Introductory Comments
Pelbreton Balfour, M.D.

9:10 – 9:35 AM Dr. Richard Allen Williams
Lecture: Unmasking the Silent Burden: Advancing Equity in the Diagnosis and Management of Cardiac Amyloidosis
Kevin Alexander, M.D.
Assistant Professor of Cardiovascular Medicine
Stanford University School of Medicine

9:35 – 9:50 AM Beyond the Echo: Equity Gaps in Detection, Genetics, and Management of Hypertrophic Cardiomyopathy
Travis Batts, M.D.
Methodist Physicians
San Antonio, Tx

9:50 – 10:05 AM Optimizing HFrEF Care: From Guideline-Directed Therapy to Equitable Implementation
Jeffrey Alexis, M.D.
Professor of Medicine
University of Rochester School of Medicine & Dentistry
Co-Chair, ABC HF Committee

10:05 – 10:20 AM	The Other Heart Failure: Recognizing and Managing HFpEF in High-Risk Populations <i>Selma Mohammed, M.D., Ph.D. Professor of Medicine, Heart Failure Creighton University Medical Center Co-Chair, ABC HF Committee</i>	10:20 – 10:50 AM	Interactive Panel Discussion: <i>Panelists: All speakers Dr. Richard Allen Williams Moderators: Chairpersons</i>
		10:50 – 11:00 AM	Closing Remarks and Call to Action
		11:00 AM – 1:00 PM	Exhibit Hall
		1:00 – 1:15 PM	CME Dept Scheduled Break

The Dr. Richard Allen William Internal Medicine Section Brief Business Meeting/American College of Physicians (ACP) Annual Presidential Address

This program will be held in the Internal Medicine Section Meeting Room, Convention Center, Room 209

Monday, July 27th

1:15 – 1:16 PM	Introduction of the President of the American College of Physicians <i>Hakeem Ayinde, M.D., M.S. Chair, National Medical Association, Internal Medicine Section</i>	1:16 – 1:30 PM	Address to the Internal Medicine Section American College of Physicians (ACP) Presidential Address/Q&A <i>Jan K. Carney, M.D., M.P.H., MACP</i>
		1:30 – 1:45 PM	Brief NMA Internal Medicine Business Meeting <i>Introduction of new leadership Brief discussion of pertinent IM focus areas</i>

The Dr. Elijah B. Saunders Memorial Cardiology II Subspecialty Section:

From Guidelines to Practice: Empowering Primary Care to Reduce Cardiovascular Disparities

Location: Convention Center IM Meeting Room 209

A joint session among the NMA IM Cardiology Subspecialty Section and the Association of Black Cardiologists (ABC)

Monday, July 27th

1:45 – 3:15 PM ET

IM Cardiology Subspecialty Section Chairs:

Dr. Wallace Johnson

Dr. Hakeem Ayinde

Dr. Onyedika Ilonze

Association of Black Cardiologists Chairs:

Dr. Marietta Ambrose

Dr. Pelbreton Balfour

Description:

Primary care providers play a critical role in the prevention, early identification, and management of cardiovascular disease—yet persistent gaps in guideline implementation and access continue to drive disparities in outcomes, particularly in Black communities.

This session focuses on translating evidence into action through practical, guideline-based approaches to hypertension and lipid management, alongside an integrated view of cardiometabolic (CKM) risk and inflammation. Faculty will highlight strategies to improve risk assessment, treatment adherence, and long-term prevention in real-world settings. The program will also feature oral abstract presentations from fellows, showcasing emerging research and innovations that contribute to advancing equitable cardiovascular care.

1:45– 1:55 PM

Welcome and Introduction
*Dr. Wallace Johnson, NMA
Co-Chair*

1:55– 2:15 PM

Dr. Elijah B. Saunders
Memorial Lecture:
Cholesterol Made Practical:
Why We Still Miss the Mark
– and How Primary Care
Can Change Outcomes
Now
*Ijeoma Isiadinso MD, M.P.H.
Associate Professor of Medicine
Division of Cardiology
Medical Director, Emory
Center for Heart Disease
Prevention*

2:15–2:30 PM

Aldosterone Excess as a
Driver of Uncontrolled
Hypertension: An
Innovative Approach to An
Old Enemy
*John Flack M.D.
Professor and Chair,
Department of Internal
Medicine
Chair, Population Science
and Policy
Southern Illinois University
School of Medicine
Springfield, IL*

2:30– 2:45 PM

Getting Blood Pressure Control Right: Applying the Latest Hypertension Guidelines in Real-World Practice
Modele O. Ogunniyi, M.D., M.P.H.
Professor of Medicine and Master Physician
Director, Georgia CTSA Clinical Research Center (GCRC) at Grady
Associate Medical Director, Grady Heart Failure Program
Emory University School of Medicine, Division of Cardiology

2:45–3:00 PM

Connecting the Dots: Managing Cardiometabolic Risk and Inflammation in Primary Care
Anekwe Onwuanyi M.D.
Professor of Medicine
Chief of Cardiology
Morehouse School of Medicine
Atlanta, GA

3:00– 3:10 PM

Interactive Panel Discussion
Panelists: All Speakers
Moderators: Chairpersons

3:10–3:15 PM

Closing Remarks and Call to Action

Jane Cooke Wright, MD

Oncology Symposium:

Screening and Early Cancer Detection to Advance Care and Improve Outcomes

Puerto Rico Convention Center - Room 209

Monday, July 27th

3:45 PM	Introduction/Welcome
.	<i>Doris Browne, M.D., M.P.H. Chair, Oncology Subspecialty/Internal Medicine Section Medical Oncologist and 118th NMA President</i>
3:50–4:55 PM	Roundtable Discussion: Innovations in Cancer Care <i>Moderator - Marie L. Borum, M.D., Ed.D., Professor, Medicine, Prevention and Community Health, Division Director, Gastroenterology and Liver Diseases, George Washington University, Washington. DC</i>
.	Multi-Cancer Early Detection Tools <i>Travelle Franklin-Ford Ellis, M.D., Ph.D., Senior Medical Officer, Exact Sciences</i>
.	American Cancer Society, Our Voices: Patient Perspective <i>Rev. Richard Lockette, Pancreatic Cancer Survivor</i>
.	Pancreatic Cancer <i>Darwin Conwell, M.D., M.Sc., Chair, Internal Medicine Department, University of Kentucky, Professor and Clinical Practice in Medical Pancreatology (invited)</i>

	HIV-Related Malignancies <i>Amanda Blair Spence, MD Attending Physician, Division of Infectious Diseases and Tropical Medicine, Assistant Professor, Department of Medicine, Georgetown University Hospital, Washington, DC</i>
4:55–5:15 PM	Questions and Answers
5:15–5:30 PM	CME Dept Schedule Break
5:10–5:30 PM.	Update in Multiple Myeloma <i>Joseph Mikhael, M.D., M.Ed. Chief Medical Officer International Myeloma Foundation</i>
5:30–5:35 PM	Closing Remarks <i>Randall Morgan, M.D., M.B.A. President and CEO, W. Montague Cobb/NMA Health Institute 109th NMA President</i>
5:35–6:30 PM	Myeloma Research Poster Walk and Reception
5:30 PM–12:00 AM	Open, Alumni events

Tuesday, July 28th 2026

8:45–9:00 AM	CME Dept Scheduled Break
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Infectious Diseases Symposium: *Viral Challenges and Disease – Modifying Therapies*

National Meeting

Puerto Rico Convention Center

Moderator:

Dial Hewlett, Jr., M.D., FACP, FIDSA
*Medical Director, Division of Disease Control &
 Chief of Tuberculosis Services
 Westchester County Department of Health
 Adjunct Associate Professor of Immunology & Microbiology
 New York Medical College
 Chair, NMA Vaccine and Therapeutics Task Force
 New Rochelle, NY*

Tuesday, July 28

9:00–9:05 AM Welcome & Introduction
*Dial Hewlett, Jr., M.D.,
 FACP, FIDSA*

9:05–9:35 AM Keynote Speaker:
 Emergency Preparedness:
 What Every Clinician
 Should Know About Ebola
*Jeanne M. Marrazzo, M.D.,
 M.P.H., FIDSA
 Chief Executive Officer
 Infectious Diseases Society of
 America
 Past Director
 NIH, National Institute
 of Allergy and Infectious
 Diseases
 Arlington, VA*

9:35–9:50 AM Questions and Answers for
 Dr. Marrazzo

9:50–10:15 AM Newest Advances in Single-
 Tablet ART, Injectable
 ART, and Prep Therapies
 for HIV in People of Color
*Roger Bedimo, M.D.
 Professor, Department of
 Internal Medicine
 Division of Infectious Diseases
 & Geographic Medicine
 UT Southwestern Medical
 Center*

10:15–10:40 AM

*Chief, Infectious Diseases
 Section, VA
 North Texas Health Care
 System Dallas, TX*

Should We Follow the
 Latest Controversial
 2026 ACIP Committee
 Recommendations for
 HPV?
*Tanya Rogo, M.D.,
 MPH&TM, FAAP, FPIDS
 Fellowship Program Director,
 Pediatric Infectious Diseases
 Associate Professor of
 Pediatrics, Clinician
 Educator
 Brown University Warren
 Alpert Medical School
 Providence, RI*

10:40–11:00 am

Panel: Questions/Answers
*Dial Hewlett, Jr., M.D.,
 FACP, FIDSA
 Chair, NMA Vaccine &
 Therapeutics Task Force
 Roger Bedimo, M.D.
 Chief, Infectious Diseases
 Section, VA*

*Tanya Rogo, M.D.,
 MPH&TM, FAAP, FPIDS
 Fellowship Program Director,
 Pediatric Infectious Disease*

General Internal Medicine Subspecialty Section Program:

Food is Medicine: Translating Nutrition Science into Equitable Cardiometabolic Care

Tuesday, July 28th

1:15 – 3:15 PM

Location: Convention Center, Room 209

IM General Internal Medicine Subspecialty Section Chair

Michael G. Knight, M.D., MSHP, FACP

Internal Medicine and Obesity Medicine Physician

Senior Medical Director for Population Health at Oak Street Health

IM General Internal Medicine Subspecialty Section Co-Chair and Course Director

Natasha Travis, MD, FACP

Assistant Professor of Medicine

Division of General Internal Medicine

Emory University School of Medicine

Atlanta, GA

Session Objectives

By the end of this session, participants will be able to:

- Recognize the impact of diet-related chronic diseases among Black Americans and how nutrition can be effectively integrated into prevention and treatment.
- Understand healthy eating patterns, including insights from the PURE Diet and the 2025-2030 Dietary Guidelines for Americans.
- Apply practical, culturally responsive strategies to promote sustained adoption of healthy eating habits.
- Discover how national “Food is Medicine” initiatives and federal nutrition assistance programs can improve cardiometabolic health and health equity.

1:15–1:20 PM	Welcome <i>Michael Knight, M.D., MSHP, FACP</i>	2:10–2:30 PM	Food is Medicine: Practical Strategies for Real-Life Nutrition Solutions <i>Andi Lee Gonzalez, Ph.D., M.P.H., R.D.N., L.D., FAND Senior Medical Liaison Pediatric Nutrition Medical Affairs & Research Abbott Nutrition Columbus, OH</i>
1:20–1:45 PM	Cardiometabolic Health Disparities and Equity Across the Lifespan <i>Yolanda Lawson, M.D. Executive Director Health Care Service Corporation 124th President National Medical Association</i>	2:30–2:55 PM	Bridging the Access Gaps: Policy, Programs, and Community Impact <i>A Fireside Chat with Congresswoman Robin Kelly (IL-02) Washington, D.C.</i>
1:45–2:10 PM	Nutrition Science and the 2025 Dietary Guidelines: Where Evidence and Policy Diverge <i>Fatima Cody Stanford, M.D., M.P.H., M.P.A., M.B.A., MACP, FAAP, FAHA, FAMWA, FTOS Massachusetts General Hospital Harvard Medical School</i>	2:55–3:05 PM	Audience Interaction/ Questions and Answers
		3:05–3:15 PM	Post survey and Session Adjournment
		3:15–3:30 PM	CME Dept Scheduled Break

Nephrology I:

Novel Pharmacologic Advances in Kidney Disease for Primary Physicians

Tuesday, July 28th
3:30 – 5:30 PM

Introduction

Chronic kidney disease remains a global health burden, affecting over 850 million people worldwide. It contributes to cardiovascular morbidity, premature mortality, and rising healthcare resource utilization. Higher prevalence, faster progression, and increased risk of kidney disease occur in African Americans compared to Whites, driven by genetic, clinical, socioeconomic, and structural factors. Recent consensus and guidelines (KDIGO 2024, ADA 2025) recommend using race-free eGFR equations, as race is a social construct and its inclusion perpetuates inequities in care. The CKD-EPI 2021 equation and newer creatinine–cystatin C equations omit race and should be used for all patients.

There are new opportunities to treat kidney diseases attributed to diabetes and hypertension and most importantly, other causes of kidney disease and kidney failure have received more attention in recent years. Novel medications now exist to treat ADPKD, IgA nephropathy, lupus nephritis etc.

Practice Gaps

- Primary care providers often rely on outdated CKD management strategies.
- Limited awareness of new FDA-approved therapies for CKD and glomerular diseases.
- Inconsistent adoption of race-free eGFR equations.
- Underutilization of SGLT2 inhibitors and nsMRAs despite strong evidence.

Needs Assessment & Gap Analysis

Black Americans experience rates of end-stage kidney disease (ESKD) 3.5–4 times higher than Whites. Hypertension and diabetes accelerate CKD progression. Primary care providers play a critical role in early detection and initiation of guideline-based therapy. However, gaps exist in knowledge of recent FDA-approved drugs (e.g., sparsentan, nefecon, iptacopan), biologics (eg belimumab) and practical integration of therapies into workflows, and management of adverse effects.

Learning Objectives

- Understand the need for race-free eGFR equations.
- Summarize evidence and indications for newer pharmacologic therapies.
- Discuss practical approaches to prescribing and combining medications.
- Outline strategies to mitigate adverse effects.
- Review emerging therapies and renal replacement options.

Program Design

Annual Convention

Round table expert and patient advocate discussions

Regional meetings will expand on the topics above.

3:30–3:45 PM	Welcome and Introductory Comments. Pre test <i>Adetokunbo Odunaiya</i> M.D., M.S. Clinical Assistant Professor Division of Nephrology Stanford University Palo Alto, California	4:35 – 5:00pm	Novel Therapeutics in the management of Glomerular disease <i>Latonya Hickson</i> Professor of Medicine Mayo Clinic Jacksonville, Florida
3:45– 4:10 PM	Race Free eGFR equations for all- the past, present and future <i>Prospects.</i> <i>Cynthia Delgado, M.D.</i> Professor of Medicine University of California San Francisco	5:00 – 5:30 pm	General Q/A Session: Post test Questions: Panel Discussions, Case Review and Round with patient advocate, expert panel and moderators
4:10–4:35 PM	Kidney Disease in Minorities in USA and Around the Globe; Beyond Diabetes and Hypertension. Contributions of IgA Nephropathy, Lupus Nephritis, ADPKD <i>Rasheed A Balogun, M.D., FACP, FASN, HP(ASCP)</i> Harrison Distinguished Teaching Professor of Medicine University of Virginia School of Medicine Regional Medical Director, UVA Dialysis Program Medical Director, Apheresis Unit & Extracorporeal Therapies Division of Nephrology University of Virginia Charlottesville, Virginia		

Nephrology II:

APOL1, African Ancestry and Kidney Disease: Implications for Providers and Patient Outcomes

Wednesday, July 29th
7:00 – 8:45 PM

Introduction

Chronic kidney disease disproportionately affects African Americans and other minority populations in the United States. These disparities persist even after accounting for clinical, socioeconomic, and environmental contributors, indicating that additional underlying risk factors must be involved. Over the past decade, research has identified key genetic contributors such as high-risk variants in the apolipoprotein L1 (APOL1) gene that help explain the excess burden of kidney disease in individuals of African ancestry.

APOL1-mediated kidney disease (AMKD) encompasses a group of nephropathies that occur in individuals who inherit two APOL1 risk variants (G1 or G2). These variants are prevalent among people with recent sub-Saharan African ancestry. Although originally selected for their protective effect against trypanosome infection, they substantially increase susceptibility to several progressive forms of CKD, including focal segmental glomerulosclerosis (FSGS), hypertensive kidney disease, HIV-associated nephropathy, and lupus-related nephritis.

Evidence shows that individuals with two APOL1 risk alleles face dramatically higher disease risk, approximately 10- to 17-fold for FSGS and 29- to 89-fold for HIV-associated nephropathy. Current findings suggest that these variants produce a toxic gain-of-function effect in glomerular podocytes, promoting abnormal cation channel activity, cellular damage, and inflammation.

Practice Gaps

- Limited clinician awareness of APOL1 and its clinical implications among primary providers
- Lack of unified approach to determine need for APOL1 genetic testing
- Existing knowledge gaps regarding the clinical spectrum of AMKD
- Gaps in recruiting strategies for clinical trials for AMKD

Needs Assessment & Gap Analysis

Despite advances in understanding APOL1 genetics, major gaps remain in translating this knowledge into earlier diagnosis, targeted therapies, and equitable care.

Clinician awareness of APOL1 genetic risk and its relevance to patients of African ancestry remains limited, particularly in primary care settings. Because health care providers are central to recognizing APOL1-mediated kidney disease, improving their understanding is essential for appropriate screening, early identification of AMKD, and effective patient education using evidence-based resources.

Learning Objectives

At the end of this session, participants will be able to,

1. Discuss the history and cause of AMKD in people of Sub-Saharan African Descent
2. Identify risk factors associated with AMKD
3. List best practices for screening, diagnosing and managing AMKD

7:00–7:05am	Welcome and Introductory Comments. <i>Itunu Owoyemi, M.D.</i> <i>Assistant Professor of Medicine</i> <i>Cleveland Clinic Lerner College of Medicine</i> <i>Cleveland Clinic</i> <i>Cleveland, Ohio</i>	7:45am – 8:00am	APOL1 mediated kidney disease – Implications in Kidney Transplantation <i>Winifred W. Williams, M.D.</i> <i>Associate Professor of Medicine</i> <i>Massachusetts General Hospital</i> <i>Boston, MA</i>
7:05–7:25am	APOL1 Mediated Kidney Disease – The discoveries, progress with diagnosis and drug innovations. <i>Adetokunbo Odunaiya</i> <i>Clinical Assistant Professor of Medicine</i> <i>Division of Nephrology</i> <i>Stanford University</i> <i>Palo Alto, California</i>	8:00–8:20 am	The role of primary providers in AMKD management – Updates on EMBARK Initiative <i>Gentzon Hall M.D., Ph.D., FASN</i> <i>Duke University School of Medicine</i> <i>Assistant Professor of Medicine, Division of Nephrology</i> <i>Duke University</i> <i>Durham, NC</i>
7:25–7:45am	APOL1 Mediated Kidney Disease – Updates and Challenges with ongoing Clinical Trials <i>Robert Hoover Jnr M.D.</i> <i>Professor of Medicine</i> <i>Tulane University School of Medicine</i> <i>New Orleans, Louisiana</i>	8:20–8:45 AM	Panel discussions, Case Review and Round Table Discussions <i>Moderator: Rasheed A Balogun, M.D.</i> <i>Panelists: Speakers</i>
		8:45–9:00 AM	Break

Endocrinology – Obesity Subspecialty Program:

Change the Trajectory: Advance Obesity Care for Today and the Future

Wednesday, July 29th
9:00–10:45 AM; 11:00 AM–12:15 PM

Needs Assessment

Clinical framing has shifted from a weight-centric model to a complication-centric, person-centered approach. The 2025 AACE ABCD algorithm emphasizes diagnostic precision using BMI plus waist measures and disease staging by the presence and severity of obesity-related complications. Despite this evolution, adoption in primary care remains inconsistent, with variable use of anthropometrics (e.g., waist-to-height ratio), under-recognition of cardiometabolic risk, and limited integration of shared decision-making workflows.

Recent regulatory milestones have created immediate opportunities for improved outcomes: semaglutide now carries a cardiovascular risk-reduction indication in adults with established CVD and overweight/obesity, and tirzepatide carries an indication for moderate-to-severe OSA in adults with obesity. These indications align anti-obesity medications (AOMs) to high-value, complication-driven use cases in primary care. However, many clinicians are unfamiliar with patient selection, safety contraindications, titration strategies, documentation language, and payer pathways.

Modern surgical criteria from ASMBS/IFSO recommend metabolic/bariatric surgery at BMI ≥ 35 regardless of comorbidities and consideration at BMI 30–34.9 with metabolic disease. Referral timing and shared decision-making remain inconsistent, and outdated NIH thresholds are still commonly referenced.

Liver disease nomenclature has transitioned from NAFLD/NASH to MASLD/MASH, with implications for coding, counseling, and multi-disciplinary care. Primary care teams need concise algorithms to integrate liver risk, cardiorenal risk (CKM), and obesity care.

Learning Objectives

1. Apply 2025/2026 ABCD frameworks using BMI plus waist metrics and complication-centric staging to improve diagnostic precision and risk stratification.
2. Select anti-obesity medications (AOMs) by clinical indication, including ASCVD risk reduction, OSA and MASLD while individualizing therapy based on efficacy, safety, and patient goals.
3. Review AOM use in select population pediatric to adults transitional are, period-conception and advanced age
4. Review metabolic/bariatric surgery, and indications, status and hypoglycemia management.
6. Integrate MASLD/MASH nomenclature and coordinate obesity–liver co-management in primary care.
7. Use person-first, stigma-free language and deploy environment checklists and SDOH tools to improve engagement and adherence.
8. Navigate 2026 coverage realities for AOMs (e.g., CV and OSA indications) and implement documentation strategies to improve access.
9. Review medications and therapies in the pipeline

Moderator

Ayotunde O. Dokun, M.D., Ph.D., FACE, FRCPC

9:00–9:05 AM	Welcome and Introductions	10:10–10:35 AM	Emerging Anti-Obesity Medications: Pipeline Therapies, Novel Mechanisms, and Future Clinical Applications <i>Michael G. Knight, M.D., MSHP, FACP, DABOM</i> <i>Clinical Associate Professor of Medicine</i> <i>School of Medicine and Health Sciences</i> <i>George Washington University</i> <i>Washington, DC</i>
9:05–9:30 AM	Contemporary Approaches to Obesity Diagnosis and Treatment: Applying the ABCD Framework in Primary Care (2026 Update) <i>Leon Jons, M.D.</i> <i>Clinical Associate Professor of Medicine</i> <i>University of Iowa</i> <i>Iowa City, IA</i>		
9:30–9:50 AM	Weight Reduction and Cardiometabolic Outcomes: Effects on Cardiovascular Disease, Sleep Apnea, CKM Syndrome, and MASLD <i>Daniel Okorodudu, M.D., M.H.S., FEAA</i> <i>Assistant Professor, Endocrinology and Metabolism; UT Southwestern Medical Center</i> <i>Medical Director, Parkland Global Diabetes Program</i> <i>Dallas, TX</i>	10:45–11:00 AM	CME Dept Scheduled Break
		10:35–10:45 AM; 11:00–11:30 AM	Case-Based Panel Discussion: Applying Obesity Medicine in Real-World Practice <i>Moderator: Ayotunde Dokun, M.D., Ph.D.</i> <i>Panelists: All Faculty</i>
9:50–10:10 AM	Precision Obesity Medicine in Primary Care: Personalized Therapeutics and Surgical Referral Pathways <i>Amie Ogunsakin</i> <i>Clinical Associate Professor, Endocrinology and Metabolism</i> <i>University of Iowa</i> <i>Iowa City, IA</i>	11:30–12:15 PM	Audience Q&A/Post Assessments/Adjournment

Faculty Biographies

Hakeem Ayinde, M.D.

Dr. Ayinde is a board-certified cardiac electrophysiologist at the Cardiology Associates of Fredericksburg, and an adjunct Clinical Assistant Professor at the University of North Carolina, Chapel Hill.

In his clinical practice, he has special interest in conduction system pacing, ablation of complex arrhythmias and for treatment of functional bradycardia, and management of inherited cardiomyopathies and arrhythmias.

Dr Ayinde's research focuses on atrial fibrillation and cardiac implantable electronic devices. Some of his research interests include atrial fibrillation in athletes, device-detection of atrial fibrillation, and outcomes of atrial fibrillation ablation.

He has a very strong interest in medical education, mentoring, reducing healthcare disparities, and increasing access to healthcare among minority populations. He serves as the Vice-Chair of the Internal Medicine Section of the National Medical Association as well as the co-Chair of Cardiology subsection of the NMA. Dr Ayinde serves on the program committee of the Heart Rhythm Society and is also a member of the cardiac electrophysiology committee and communications committee of the Association of Black Cardiologists. He mentors many young minority physicians through the Association of Black Cardiologists.

Rasheed Abiodun Balogun, MBBS FACP FASN HP(ASCP) FMCP

Rasheed Abiodun Balogun, MBBS FACP FASN HP(ASCP) FMCP is the Harrison Distinguished Teaching Professor of Nephrology at University of Virginia Medical Center. He is the Medical Director of the Extracorporeal Therapies (Apheresis) Program, Zion Crossroads Hemodialysis Unit and Encompass Health Subacute Hemodialysis Unit at University of Virginia. He received his medical training at University of Ibadan, Nigeria and University of Connecticut, USA.

Dr Balogun is a nephrologist with advanced expertise in extracorporeal therapies, the use of highly specialized techniques for blood detoxification or medical purification. His clinical and research interests include providing care for patients focusing on prevention and treatment of acute and chronic kidney disease and using extracorporeal therapies like therapeutic apheresis to treat renal, neurological and hematological disorders.

He is a fellow of the American College of Physicians, the Postgraduate Medical College of Nigeria, American Society of Nephrology and the National Kidney Foundation (USA). He created and directs the Therapeutic Apheresis Academy, an annual multidisciplinary national conference. He serves on the executive committee of the UVA faculty senate and was the foundation student affairs dean of the Walter Reed College at UVA. Beyond UVA, he serves on the editorial board of the Journal of Clinical Apheresis and previously the ASPIO Journal. He served as a member of the board of directors of the American Society for Apheresis and a member of the committee that writes "Guidelines on the Use of Therapeutic Apheresis in Clinical Practice". He serves on the Diversity and Inclusion committee of the American Society of Nephrology, chairs the Nephrology subsection, and is past chair of the Internal Medicine Section of the National Medical Association (USA).

Travis Batts, M.D., FACC

Dr. Travis Batts is a board-certified cardiologist with over two decades of experience in cardiovascular prevention, sports cardiology, and plant-based nutrition. A former NCAA Division I track athlete, Dr. Batts earned his biochemistry degree from the University of Kansas and his medical degree from the University of North Carolina at Chapel Hill, completing his training in San Antonio, Texas. A U.S. Air Force veteran, he served as Medical Director at one of the military's largest cardiology clinics and currently serves as Assistant Professor at the Uniformed Services University. Dr. Batts is a Fellow of the American College of Cardiology and an active contributor to the National Nutritional Working Group. He founded Batts Media Group and leads The Lifestyle MD platform and the H.O.L.I. program, which promotes lifestyle education in faith-based communities. His initiatives also

include Total Body Health, STEM in a Box, and Everyone Can Assist, focused on youth heart health and CPR awareness.

Aaron Baugh, M.D., M.S.

Dr. Aaron Baugh is a second-generation National Medical Association member that grew up in Ann Arbor, Michigan. After completing medical school and residency at the University of Toledo College of Medicine, he matriculated to the University of California San Francisco for fellowship in Pulmonary & Critical Medicine. Dr. Baugh chose to launch his academic career from here, with a research program that focuses on racial and socioeconomic health disparities in obstructive lung disease. He is a recognized expert in the measurement of lung function, who serves on the American Thoracic Society's Health Equity and Diversity Committee, and as a question reviewer for the National Board of Respiratory Care. He is the current chair of the National Medical Association's Pulmonary Medicine Sub-Section.

Roger Bedimo, M.D., M.S.

Dr. Bedimo is Professor of Medicine at the University of Texas Southwestern Medical Center (UTSW) and the Chief of Infectious Diseases at the VA North Texas. His research interests include the analysis of rates and mechanisms of chronic complications of HIV disease and antiretroviral therapy, as well as the contribution of HCV co-infection on HIV-associated morbidity. Dr. Bedimo is also Interim Director of the UTSW Office of Global Health, a Clinical Research Site (CRS) leader for the AIDS Clinical Trials Group, and a member of the DHHS and IAS-USA HIV treatment guidelines panels. Finally, he's the Editor in Chief of Open Forum Infectious Diseases and the Journal has a special focus on Planetary Health in Infectious Diseases.

Marie L. Borum, M.D., Ed.D., M.P.H., MACP, FACG, AGAF

Dr. Marie Borum is a Professor of Medicine and the Director of the Division of Gastroenterology and Liver Diseases at The George Washington University. She received her undergraduate degree from Princeton University, a medical degree from Rutgers Medical School, a masters in public health and a doctorate in education from the George Washington University. She completed

her internship, residency and specialty training at George Washington University. She is board-certified in internal medicine and gastroenterology.

Dr. Borum is a member of the AOA medical honor society and Delta Omega public health honor society. She completed the Leadership Development for Physicians in Academic Medicine program at Harvard University School of Public Health. She has also completed the Hedwig van Ameringen Executive Leadership in Academic Medicine (ELAM) Fellowship. Dr. Borum is a Master in the American College of Physicians, a fellow in the American College of Gastroenterology and the American Gastroenterological Association. She has been selected as a Top Doctor in Washington, D.C., Top Doctor in Northern Virginia and Top Doctor in America.

Dr. Borum has received multiple research grants, been involved in community outreach programs, and been involved in the development educational programs. She has given multiple regional, national and international lectures. Her research interests have included medical education, physician practice patterns, health disparities, women's health, colorectal cancer screening, inflammatory bowel disease and liver disease. She has edited 4 text books, written more than 400 abstracts, 100 book chapters and 130 peer-reviewed publications.

Doris Browne, M.D., M.P.H.

Dr. Browne is President/CEO, Browne and Associates, LLC, a health consulting company that addresses national and global health inequities, a medical oncologist, and the 118th President of the National Medical Association. As President of the NMA, she focused on a Collaborative Approach to Health Equity entitled "The Urgency of Now: Creating a Culture for Health Equity. She tirelessly champions causes that significantly contribute to improving the health status of vulnerable populations. She achieved national and international recognition as an expert educator and speaker and has been either featured or quoted in many news articles, Podcasts, and Op-Eds in addition to publishing scientific articles, book chapter and textbook. Her public health background includes health education programs on cancer, women's health, climate health and environmental justice, sickle cell disease, HIV/AIDS, and radiation casualties, including participating in an international disaster preparedness and humanitarian assistance program for 17 West African Nations. She is passionate about achieving health equity through increased participation of underrepresented populations

in clinical trials research. She is a retired Colonel from the U. S. Army, Medical Corps and retired from National Institutes of Health, National Cancer Institute where she managed the breast cancer portfolio. Dr. Browne is a graduate of Tougaloo College (BS), UCLA (MPH), and Georgetown University (M.D.) and completed an internship, residency, and fellowship at Walter Reed Army Medical Center in Hematology-Oncology. She is a member of numerous professional organizations, Trinity Episcopal Church and Alpha Kappa Alpha Sorority, Inc. She is the recipient of plentiful awards including the NIH Merit Award and Top Blacks in Healthcare Award.

Virginia A. Caine, M.D.

Virginia A. Caine, M.D. is Director and Chief Medical Officer of the Marion County Public Health Department. She is a Bicentennial Associate Professor of Medicine, Division of Infectious Diseases at Indiana University School of Medicine. She is a past President of the American Public Health Association. She is Chair of the National Medical Association Infectious Diseases Section, Co-Chair of the NMA HIV/AIDS Section, and member of the National Medical Association COVID-19 Task Force. She is a member of the Indiana COVID Vaccine Allocation and Distribution Workgroup and board member of the CDC Morbidity and Mortality Weekly Report (MMWR) Editorial Board. She chairs the Managed Emergency Surge of Healthcare (MESH) Coalition, a nonprofit public-private partnership addressing emergency preparedness in Marion County, Indiana. She is a member of the National Biodefense Science Board, which provides guidance to the Secretary of the U.S. Department of Health and Human Services and the Assistant Secretary of Preparedness.

Jan K. Carney, M.D., M.P.H., MACP

Jan K. Carney, M.D., M.P.H., MACP, is President of the American College of Physicians, representing internal medicine physicians, related subspecialists, and medical students.

Dr. Carney is a professor of medicine at The Robert Larner College of Medicine at the University of Vermont and holds several leadership roles at the university. She is the Associate Dean for Public Health & Health Policy, and Chief of the Division of Public Health in the Department of Medicine. She also serves as Director of Graduate Public Health Programs and Director of the Community

Engagement & Outreach Core for the Northern New England Clinical & Translational Research Network.

She completed medical school at the University of Cincinnati College of Medicine and her residency in internal medicine at the Medical Center Hospital of Vermont, where she was Chief Resident. Dr. Carney also holds a Master of Public Health, which she earned from the Harvard School of Public Health. She is certified by the American Board of Internal Medicine and the American Board of Preventive Medicine (Public Health and General Preventive Medicine).

Dr. Carney became a Fellow of the American College of Physicians (FACP) in 1998. Fellowship is an honorary designation that recognizes ongoing individual service and contributions to the practice of medicine. She was elected to Mastership (MACP) in 2019, which recognizes outstanding and extraordinary career accomplishments and notable contributions to medicine.

Prior to serving on ACP's Board of Regents since 2021, Dr. Carney was Governor of ACP's Vermont Chapter. In addition, she has been a member of multiple ACP committees, including the Patient Partnership in Healthcare Committee, the Health and Public Policy Committee, and ACP's Member, Credentials Committee, Ethics, Professionalism & Human Rights Committee, which she currently chairs.

Quyen D. Chu, M.D., M.B.A., FACS

Quyen D. Chu, M.D., M.B.A., FACS is the Roy L. Schneider Endowed Professor of Surgery, Chief of Surgical Oncology, Vice-Chair of Education, and Associate Cancer Director at Howard University College of Medicine. He graduated from Dartmouth College and Brown Medical School, completed his residency at St. Elizabeth's Medical Center in Boston and his fellowship at Roswell Park Cancer Institute, Buffalo, New York, and received his MBA at Centenary College, Louisiana. In 2013, he was appointed by President Barack Obama to the Board of Directors of the Vietnam Education Foundation.

Dr. Chu has published over 200 peer-reviewed papers/abstracts, and 19 book chapters. He was the Chief Editor for "Surgical Oncology: A Practical and Comprehensive Approach", "Hepato-Pancreato-Biliary and Transplant Surgery. Practical Management of Dilemmas", "AHPBA: The First 25 Years", and "A Practical Guide to Managing Breast Cancer for Low-Middle Income Countries", an

ebook sponsored by the American College of Surgeons. He is on the editorial board of *Surgery* and is an active member of several organizations such as Southern Surgical Association, Americas Hepato-Pancreato-Biliary Association (AHPBA), Society of University Surgeons, and American College of Surgeons. He was the Past President of the Louisiana Chapter of the American College of Surgeons, Louisiana CoC State Chair, Chair of Publications Committee for AHPBA, and Chair of the Cancer Liaison Program of the CoC. Dr. Chu has won several awards including the Presidential Leadership Scholars Award, ASCO Leadership Development Program Award, CoC State Chair Outstanding Performance Award, Best Faculty Teaching Award, Ellis-Island Medals of Honor, the ACS Scholarship to the Brandeis Leadership Program in Health Policy and Management, ASCO Humanitarian Award, AHPBA Humanitarian Award, Charles Black Humanitarian Award, ACS Japan Traveling Award, and the AHPBA Traveling Award.

Fatima Cody Stanford, M.D.

Dr. Fatima Cody Stanford is an Associate Professor of Medicine and Pediatrics at Massachusetts General Hospital and Harvard Medical School, and one of the first fellowship-trained obesity medicine physicians worldwide. Among the most highly cited obesity medicine physician-scientists globally, she has authored over 300 peer-reviewed publications. She holds a BS and MPH from Emory University (MLK Scholar), an M.D. from the Medical College of Georgia (Stoney Scholar), an MPA from the Harvard Kennedy School (Zuckerman Fellow), and an executive MBA from Quantic School of Business and Technology. She completed her Obesity Medicine & Nutrition Fellowship at MGH/Harvard after residency in internal medicine and pediatrics at the University of South Carolina. Dr. Stanford was appointed to the 2025 Dietary Guidelines Advisory Committee by HHS and USDA. Her honors include The Obesity Society Clinician of the Year (2020), the National Academy of Medicine Scholar in Diagnostic Excellence (2022), and the National Medical Association Meritorious Award.

Lanla F. Conteh, M.D., M.P.H., M.B.A.

Lanla Conteh was born in Sierra Leone, the youngest of four children. Upon moving to the United States, she did her undergraduate studies at Emory University before moving to Cleveland, OH to attend medical school

at Case Western Reserve University. After completing a residency in Internal Medicine and Pediatrics, she relocated down south to complete a fellowship in Gastroenterology at Vanderbilt University in Nashville, TN. While at Vanderbilt, she pursued a Master in Public Health and sub-specialized in Transplant Hepatology. She recently moved to Columbus, OH with her husband and two children. She is an assistant professor at Ohio State University with an interest in disparities in gastrointestinal and liver diseases and a research focus in hepatocellular carcinoma. She enjoys traveling, cooking and reading.

Matifadza Hlatshwayo Davis, M.D., M.P.H., FIDSA

Matifadza Hlatshwayo Davis MD MPH FIDSA is an internationally recognized infectious diseases physician, public health leader, and health equity advocate. As former Director of Health for the City of St. Louis, she led transformative initiatives including national reaccreditation, the establishment of the city's first Behavioral Health Bureau, and expanded mobile health outreach. Dr. Hlatshwayo Davis serves as a Board Director of the Infectious Diseases Society of America and Co-host of the "Let's Talk" podcast. Nationally honored with the IDSA Society Citation Award and the NAACP Dr. William Montague Cobb Individual Award, she remains dedicated to bridging gaps between medicine, government, and community.

Ayotunde Dokun, M.D., Ph.D.

Dr Dokun is a Professor of Medicine and Endocrinology, and Director, Division of Endocrinology and Metabolism at the Carver School of Medicine, University of Iowa (UI). He received his Bachelor's Degree in Biological Sciences from the State University of New York College at Old Westbury, Long Island, NY. He subsequently trained in the National Institute of Health (NIH) sponsored Medical Scientist Training Program (MSTP) at the Mt Sinai Graduate School of Biological Sciences and the Mt Sinai School of Medicine (now Icahn School of Medicine), New York, NY where he earned his MD and PhD. After completion of his graduate training, he entered residency in Internal Medicine and Fellowship training in Endocrinology and Metabolism at Duke University Medical Center, Durham, NC.

Dr Dokun is an alumnus of the prestigious Robert Wood Johnson Foundation (RWJF), Amos Medical Faculty Development Program (AMFDP). Along with his

responsibilities as director of the Endocrine division at UI, he currently runs a translational research laboratory with a focus on understanding the molecular mechanisms of vascular complications in diabetes. He is well published, including publications in high profile Journals such as Science, Nature Immunology, Circulation and Circulation Research.

He has received a number of awards, including the Elijah B Saunders MD, Physician of the Year Award from the National Medical Association, the Terry Ann Krulwich, Physician-Scientist Alumni Award and the Jay D. Coffman Early Career Investigator Award from the American Heart Association (AHA).

Dr. Dokun currently serves on the editorial board of a number of scientific journals and on the board of a non-for-profit organization. He was also appointed to serve on the National Clinical Care Commission, a Federal advisory commission focused on evaluating and making recommendations on existing federal programs related to diabetes and its complications.

Chanda Nicole Holsey, Ph.D., M.P.H., AE-C

Dr. Chanda Nicole Holsey is the founder and visionary of Healthy Aims for Little Ones and Families, LLC (HALO for Families, LLC), a public health organization where the ultimate goal is to provide parents and caregivers with relevant and effective high quality tools to increase the confidence necessary to nurture, teach, and model healthy physical, mental, and social behaviors in children. A veteran public health professional, Dr. Holsey brings years of experience in public health program management. She has planned, implemented, and evaluated health promotion programs nationally for the American Public Health Association, Association of Asthma Educators, and American Lung Association; and regionally for Georgia Department of Community Health, Morehouse School of Medicine, Emory University, Rollins School of Public Health at Emory University, and Hughes Spalding Children's Hospital. She has also consulted as a program evaluator, grant reviewer, trainer, and research investigator for a myriad of organizations such as the U.S. Department of Health and Human Services, U.S. Department of Education, the Centers for Disease Control and Prevention, Emory University, American Public Health Association – Maternal and Child Health Section, National Institutes of Health, and San Diego State University. She currently serves in a consultant capacity as

the section administrator where she writes grants, prepares annual budgets, and evaluates the program planning and operational activities for the Internal Medicine and Allergy, Asthma, and Immunology Sections of the National Medical Association (NMA). She also writes and has implemented program grants for the National office and several Regional offices of the NMA. She is the Co-Author and Co-PI on the five year NIH/NIDDK Award, funded in 2019 - NIH R13 Early Career Investigators' grant, Addressing Health Disparities and Health Equity Issues in Internal Medicine."

Dr. Holsey earned a BA in Psychology from San Diego State University, where she graduated with honors; a Master of Public Health in Behavioral Science and Health Education from the Rollins School of Public Health at Emory University, and a Doctor of Public Health in Maternal and Child Health from the University of Alabama at Birmingham. Additionally, she is a certified asthma educator (AE-C).

Dr. Holsey's personal motto is to "walk with wisdom". She is married to Eric Holsey, and has two daughters, Savannah and Erin.

Onyedika Ilonze, M.D., M.P.H., FACC

Dr. Ilonze is an assistant professor of medicine at the division of cardiovascular medicine at the Indiana University School of Medicine, Indianapolis Indiana. He is also a board-certified advanced heart failure and heart transplant cardiologist. After completing medical school at the University of Nigeria, he moved to the United States and completed his internal medicine residency at Rochester Regional Health. He subsequently completed his first advanced heart failure fellowship at Wake Forest University, general cardiology fellowship at Virginia Tech Carilion Clinic and second advanced heart failure, transplant, and pulmonary vascular disease fellowship at the University of Alabama at Birmingham

Dr. Ilonze has a strong interest in reduction disparities in heart failure and disparities in heart transplant evaluation and listing. He serves a committee member of the heart failure and heart transplant section of the American College of Cardiology.

He loves to spend time with his wife and two kids. They enjoy traveling to new destinations, playing board games and interacting with the community.

Wallace Johnson, M.D., FASH

Dr Wallace Johnson is a native of Baltimore, and he went on to Bucknell University before attending medical school at the University of Maryland. Dr Johnson now practices medicine at the University as an Assistant professor is certified as a specialist in Hypertension his special interests are Hypertension in special populations like African Americans, community outreach, student mentoring and teaching Preventive Cardiology. Dr Johnson is also Medical Director for the Aortic Center at the University of Maryland. Dr Johnson also serves as the Chair of the Cardiology/Hypertension section of the National Medical Association. Dr Johnson has lectured in both the United States and abroad on Hypertension management in the African diaspora. He has also been involved in research as both a Principal Investigator and Co-Principal investigator in numerous clinical trials. Dr Johnson continues to maintain clinical practice and acts as a teacher and mentor for students at both the University of Maryland School of Medicine and School of Nursing.

Wendell Jones, M.D., M.B.A.

Dr Wendell Jones is the Network Director for the Veterans Integrated Service Network (VISN) No. 17 in Arlington. He is responsible for care and operations at seven VA healthcare facilities in Texas.

Dr. Jones completed his Internal Medicine Residency at Jackson Memorial Hospital in Miami, Florida. He initially worked as an Emergency Department physician at two hospitals in Miami. Later, he joined the Miami VA Medical Center as a staff physician in inpatient and outpatient units, where he was very involved in teaching and patient care. During this time, Dr Jones was awarded an Executive master's in business administration by the University of Miami.

Subsequently, Dr Jones served as the Associate Chief of Staff for Ambulatory Care at the Amarillo VA Medical Center in Amarillo, while holding a staff position at Texas Tech School of Medicine. Dr Jones was also Associate Chief of Staff for Ambulatory Care at the South Texas Veterans Health Care System and was on staff at UT Health Science Center San Antonio. He also served as the Acting Chief of Staff in San Antonio. In addition, he served for over twenty years as the Chief Medical Officer in VISN 17. Presently, Dr Jones holds the position of

Assistant Clinical Professor of Internal Medicine at The University of Texas Southwestern Medical School.

He is a Fellow in the American College of Physicians and is a Certified Physician Executive with the American Association of Physician Leadership. He served as the Internal Medicine section Chair with the National Medical Association and remains on the executive board. He also held the position of the Secretary/Treasurer for the Texas Academy of Internal Medicine Services. In addition, Dr Jones is on the American Red Cross Scientific Advisory Council, where top health leaders explore current and new ways of saving lives in emergent and dire situations.

Michael G. Knight, M.D.

Dr. Michael G. Knight is a physician, healthcare executive, non-profit leader, and featured medical expert on radio, television, and in print news media. He is the Head of Services at IMPaCT Care, a company that supports healthcare organizations by delivering the most widely used, evidence-based community health worker model in the United States that improves health outcomes by addressing the social determinants of health in underserved communities. He is board certified in Internal Medicine and Obesity Medicine, and practices clinically at the GW Medical Faculty Associates in Washington, DC. He is also a Clinical Associate Professor of Medicine at The George Washington University. He has served in leadership roles in organizations such as the National Medical Association and the American Medical Association and is the founder and president of the Renewing Health Foundation. Dr. Knight has received numerous awards including the AMA Foundation Leadership Award, and the National Minority Quality Forum Top 40 Under 40 Leaders in Health Award.

Reverend Richard Lockette, B.A.

Reverend Richard Lockette is a pastor, community leader, cancer survivor, and advocate for medical research. He currently serves as Campus Pastor of St. Stephen Baptist Church's Hardin County Campus in Radcliff, Kentucky, Director of Celebrate Recovery for all St. Stephen campuses, and Moderator of the Mount Calvary District Association.

A native of St. Louis, Missouri, Reverend Lockette holds a Bachelor of Arts degree and has devoted his life to ministry, recovery work, leadership development, and community service.

His medical journey became a testimony of hope when genetic testing revealed he carried the Lynch Syndrome gene, the most common hereditary cause of colon cancer. That discovery ultimately proved lifesaving when he was diagnosed with Stage IV pancreatic cancer. Because of his Lynch Syndrome diagnosis, he qualified for an immunotherapy clinical trial through the University of Louisville Health.

After receiving treatment every three weeks, the cancer stopped spreading, and within nine months all physical signs of the disease were gone. Today, Reverend Lockette is among the approximately 1% of Stage IV pancreatic cancer patients who survive, thanks to a combination of early genetic testing, groundbreaking cancer research, innovative immunotherapy, and God's grace.

He shares his story to encourage others to pursue preventive screenings, genetic testing when appropriate, participation in clinical research, and hope in the face of difficult diagnoses.

Jeanne Marrazzo, M.D., M.P.H., FIDSA

Jeanne Marrazzo, M.D., M.P.H., FIDSA is chief executive officer of the Infectious Diseases Society of America, a global community of more than 13,000 clinicians, scientists and public health experts dedicated to advancing the prevention, diagnosis and treatment of infectious diseases.

An internationally recognized infectious diseases physician, researcher and public health leader, Dr. Marrazzo most recently served as director of the National Institute of Allergy and Infectious Diseases at the National Institutes of Health. Throughout her career, she has been a leading voice on infectious diseases, public health preparedness and evidence-based policy, helping to guide responses to emerging health threats and advance scientific innovation.

Dr. Marrazzo is widely recognized for her expertise in HIV prevention, sexually transmitted infections, reproductive health and the genital microbiome. She has authored or co-authored hundreds of peer-reviewed publications and has been a steadfast advocate for science-driven public health, health equity and global health preparedness.

Prior to joining NIAID, Dr. Marrazzo served as the C. Glenn Cobbs Endowed Chair in Infectious Diseases

and director of the Division of Infectious Diseases at the University of Alabama at Birmingham, where she expanded clinical research programs, strengthened HIV and STI treatment initiatives and advanced international health collaborations.

A longtime leader within the infectious diseases community, Dr. Marrazzo previously served on the IDSA Board of Directors as treasurer and is a Fellow of IDSA. She has also held leadership roles with numerous professional organizations, including serving as president of the International Society for Sexually Transmitted Diseases Research and chairing both the American Board of Internal Medicine Council and its Infectious Disease Board.

Dr. Marrazzo earned a bachelor's degree in biology from Harvard University, an M.D. from Thomas Jefferson University and an M.P.H. in epidemiology from the University of Washington, where she also completed her fellowship training in infectious diseases.

Adetokunbo Odunaiya, M.D., M.S.

Adetokunbo Taiwo, M.D., M.S. is a Clinical Assistant Professor of Medicine in the Division of Nephrology, at Stanford University, where she functions within a multidisciplinary team to manage kidney transplant recipients and individuals with impaired kidney function undergoing kidney, liver, and heart transplantation. She completed medical school at the University of Colorado and went on to the University of Chicago for her Internal Medicine Residency, and to Stanford University for her General & Transplant Nephrology fellowships. During her training years at Stanford, she completed a Master of Science Degree in Epidemiology and her thesis resulted in a peer reviewed publication. She has since authored other peer reviewed articles and textbooks chapters on kidney disease and kidney transplantation. She is the Program Director of the Stanford Kidney Transplant Fellowship and serves on committees related to diversity, equity and inclusion. She is broadly interested in improving clinical outcomes in kidney transplant recipients.

Itunu Owoyemi, M.D.

Itunu Owoyemi, M.D., is a board-certified Nephrologist, Transplant and Onco-Nephrologist. She is a member of the staff in the department of Kidney Medicine in the

Glickman Urological and Kidney Institute at Cleveland Clinic, Cleveland Ohio.

She received her medical training at the Oba Okunade Sijuaide College of Medicine, Igbinedion University Okada, Nigeria. She completed her internal medicine residency at Vidant/Medical Center/East Carolina University (ECU), Greenville, North Carolina where she served as Chief Resident of ECU Global health and Underserved Populations Program. She completed her Nephrology training at University of Virginia, Charlottesville Virginia where she served as Chief Fellow and Transplant Nephrology Fellowship at the Thomas E. Starzl Transplantation Institute, UPMC Montefiore. She completed an Onco-Nephrology fellowship at Mayo Clinic Rochester Minnesota. Her research interest includes improving clinical outcomes in kidney transplant recipients. Dr. Owoyemi is a board-certified internist with the American board of Internal medicine. She is also a member of American College of Physicians, American Society of Nephrology and American Society of Transplantation.

Alicia Shelly, M.D.

Dr. Alicia Shelly was raised in Atlanta, GA. She received her Doctor of Medicine from Case

Western Reserve University School of Medicine in Cleveland, OH. Dr. Shelly has been practicing Primary Care and Obesity medicine since 2014. In 2017, she became a Diplomat of the American Board of Obesity Medicine. She is the lead physician at WellStar Primary Care Douglasville and WellStar Centers of Best Health Douglasville. She started a weekly podcast and YouTube channel entitled Back on Track: Achieving Healthy Weight loss, where she discusses how to get on track and stay on track with your weight loss journey. She has been featured on CNN, Fox 5 News, and Shape.com. She was named an honoree of the 2021 Atlanta Business Chronicles 40 under 40 award. She also is a collaborating author for the "Made for More: Physician Entrepreneurs who Live Life and Practice Medicine on their own terms".

Edward L. Treadwell, M.D.

Edward L Treadwell, M.D., is Professor Emeritus of Medicine-Rheumatology/Immunology where he was Division Chief of Rheumatology/Immunology for 40 years and continues as Director of Rheumatology Research at East Carolina University Brody School of Medicine in Greenville, NC. His clinical interests include treatment of autoimmune connective tissue diseases like systemic lupus erythematosus, scleroderma, polymyositis, mixed connective tissue disease which is overlap between SLE/scleroderma/Sjogren's Syndrome/ polymyositis/ dermatomyositis/rheumatoid arthritis, and related pain and arthritis disorders, most specifically gout and osteoarthritis. Dr. Treadwell's basic research has focused on the association of autoantibodies to autoimmune diseases and environmental factors associated with autoimmune disorders, gout and osteoarthritis. He has published or co-authored over 100 peer reviewed articles and abstracts. Dr. Treadwell remains an active member of various professional organizations including Chairman of Rheumatology of the National Medical Association. He has received numerous investigative grants to study lupus, overlap diseases, pain disorders and assessment tools, osteoarthritis and gout. He has been a reviewer for many scientific journals and grant committees including the National Institutes of Health, Arthritis foundation and American College of Rheumatology. He was a lead co-investigator involving completion of a 3,000 patient database for rheumatoid arthritis and overlap diseases involving multiple collaborating medical centers and private based clinics. Some of his current active duties include a member of Duke University Medical Alumni Council and member of North Carolina Drug Utilization Committee for Medicaid. His current research focus continues on a collaborative data base project with the FDA at the National Toxicology Center in Jefferson Arkansas to understand the biological and genetic aspects in over 300 SLE patients and controls. He continues to mentor future physicians and medical scientists, and advocate for patients' medical care.





Internal Medicine Section

National Medical Association

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